

RETAIL MARKET AT A GLANCE

Summary

Rice/ paddy

Price of keeri samba has decreased by Rs.13.00/kg and prices of both samba and raw white have decreased by about Rs.2.00/kg. Price of imported ponni samba has increased.

Farmgate price of short grain paddy has decreased in Nikaweratiya, Dehiattkkandiya and Ampara while it has increased by Rs.12.00/kg in Polonnaruwa. However, farmgate price of keeri samba paddy has increased in Anuradhapura and Polonnaruwa.

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Other Field Crops

Prices of both vedalan red onion and imported big onions have increased. Price of Nuwara Eliya potato has decreased while the price of imported potato has increased. Prices of both white and red cowpea have decreased while the price of red dhal has increased by Rs.4.00/kg.

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Vegetables

Prices of most of the vegetable varieties have decreased. Considering the up-country vegetables, the highest price decrease noted for tomato followed by beans and leeks. Among the low country vegetables, the highest price decrease reported for capsicum by Rs.85.00/kg and the price of long beans also decreased by Rs.84.00/kg.

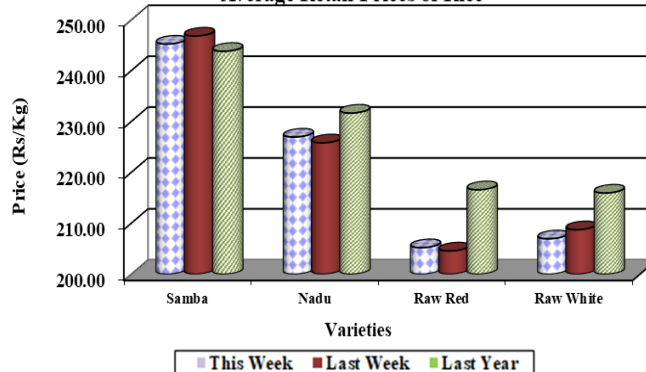
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Eggs

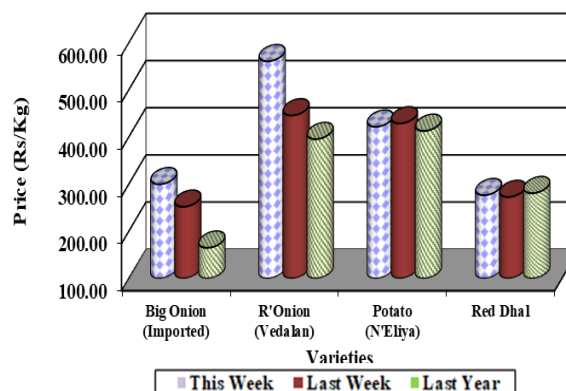
There has been no significant change in the price of brown eggs while the price of white eggs has decreased slightly. Price ranged Rs.41.00-47.00 for brown eggs and Rs.39.00-45.00 for white eggs.

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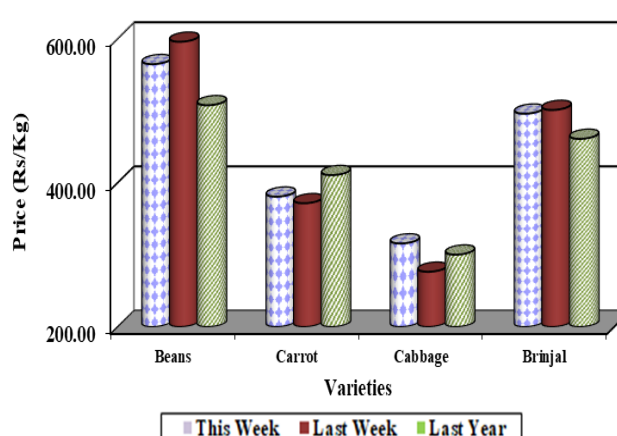
Average Retail Prices of Rice



Average Retail Prices of Other Field Crops



Average Retail Prices of Vegetables



Rice

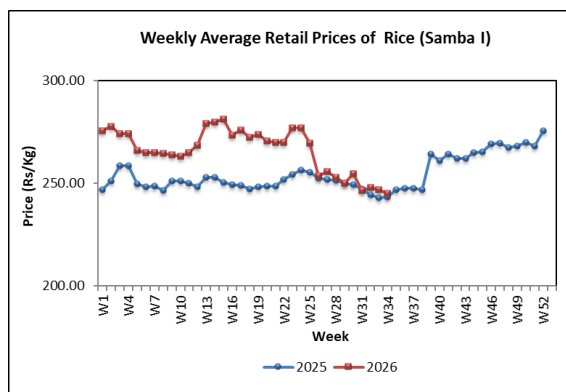
Wholesale

Price of raw white has decreased by 2% and price ranged Rs.170.00-190.00/kg. prices of all other local rice varieties have not changed significantly and price ranged of Rs.220.00-225.00/kg was for imported ponni samba.

Compared to same period of last year, highest price decreased of 10% recorded for raw red.

Retail

Price of keeri samba has decreased by Rs.13.00/kg and prices of both samba grade I and raw white have decreased by about Rs.2.00/kg. Price of imported ponni samba has increased by Rs.3.00/kg.



Compared to the same period of the last year, the highest price decreased of 5% was recorded for local raw red.

Paddy

Farmgate prices of major paddy varieties showed mixed movements across the main producing areas during the week. The average farmgate price of short grain paddy declined by Rs.2.00-5.00/kg in Nikaweratiya, Dehiattakandiya and Ampara areas while it has increased by Rs.12.00/kg in Polonnaruwa area. The average farmgate prices of short-grain paddy ranged from Rs.108.00 to Rs.130.00/kg across the reported producing areas.

Meanwhile, the average farmgate price of keeri samba paddy has increased by Rs.15.00/kg in Anuradhapura and Rs.9.00/kg in Polonnaruwa. However, price of keeri samba paddy has decreased by Rs.4.00/kg in Dehaattakandiya. Price ranged Rs.120.00-140.00/kg for keeri samba paddy in major producing areas.

Further, long grain white paddy prices have increased in Anuradhapura, Polonnaruwa and Kalawewa areas by Rs.7.00/kg, Rs.6.00/kg and Rs.1.00/kg respectively. Similarly, the average farmgate price of long-grain red paddy has increased by Rs.3.00/kg in Embilipitiya and price ranged Rs.95.00 -120.00/kg.

Compared with the same period last year, farmgate prices of all the paddy varieties in

most of the producing areas have decreased with the highest price decrease was observed for keeri samba paddy (17%) in Dehiattakandiya.

Dried Chilies

Wholesale

Price of imported dried chilies has not changed significantly and price ranged Rs.1050.00-1200.00/kg.

Compared to same period of last year, price of imported dried chilies has increased by 80%.

Retail

Price of imported dried chilies has increased by Rs.8.00/kg and price ranged Rs.1200.00-1500.00/kg.

Compared to the same period of the last year, current retail price of imported dried chilies has increased by 70%.

Onion

Wholesale

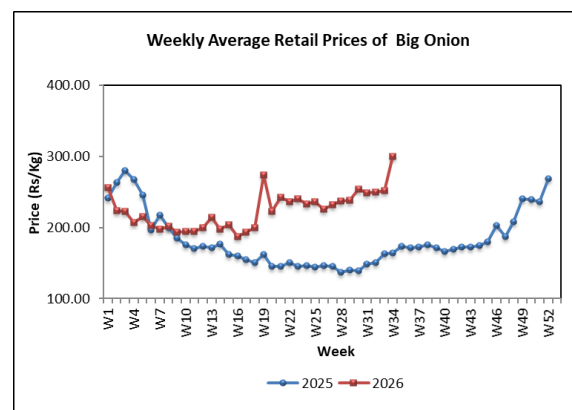
Price of vedalan red onion has not changed significantly and price ranged Rs.250.00-300.00/kg. Price of imported big onion has increased by 28% due to unavailability of

sufficient stocks and price ranged Rs.260.00-300.00/kg.

Compared to same period of last year, price of imported big onion has increased by 130%.

Retail

Price of local red onions has increased by Rs.115.00/kg and price of imported big onions has increased by Rs.48.00/kg.



Compared to the same period of the last year, price of vedalan and imported big onion have increased by 42% and 82% respectively.

Potato

Wholesale

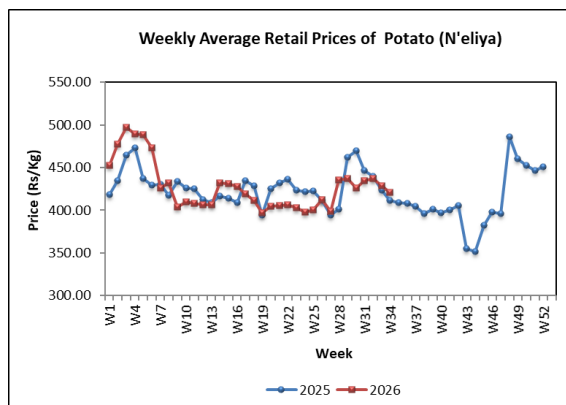
Price of Nuwara Eliya potato has decreased by 6% and price ranged Rs.290.00-310.00/kg. Price of imported potato has increased by 7% due to unavailability of

sufficient stocks and price ranged Rs.160.00-250.00/kg.

Compared to same period of last year, prices of both Nuwara Eliya and imported potatoes have increased by 9% and 20% respectively.

Retail

Price of Nuwara Eliya potatoes has decreased by Rs.7.00/kg and the price of imported potatoes has increased by Rs.4.00/kg.



Compared to the same period of the last year, prices of Nuwara Eliya and imported potatoes have increased by 2% and 7% respectively.

Pulses

Wholesale

Price of green gram and red dhal have increased by 3% and 2% respectively and

price ranged Rs.700.00-750.00/kg for green gram and Rs.225.00-240.00/kg for red dhal. While, prices of both white cowpea and red cowpea have decreased by 2%.

Compared to same period of last year, all the prices of pulses varieties have decreased with the highest price decreased of 34% recorded for white cowpea.

Retail

Price of red dhal has increased by Rs.4.00/kg while the prices of white cowpea and red cowpea have decreased by Rs.13.00/kg and Rs.15.00/kg respectively.

Compared to the same period of the last year, the highest price decreased of 12% was recorded for white cowpea.

Vegetables

Wholesale

Price of most of the upcountry vegetable has increased, with decreased supply from most of producing areas. However, the prices of low country vegetable have decreased, with high supplies from producing areas.

Among the upcountry vegetable varieties, the highest price increase of 46% reported

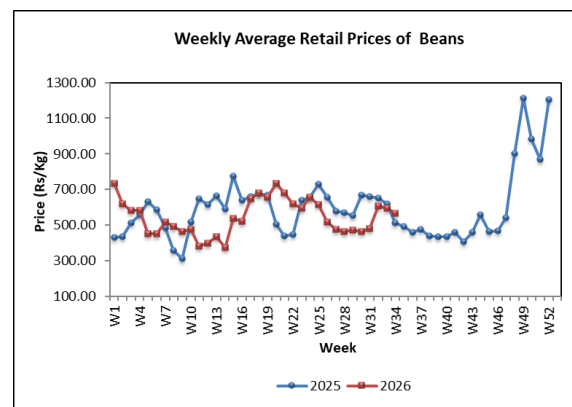
for cabbage, with decreased supply from Nuwara Eliya, Puttalam and Welimada, Similarly, the prices of beetroot have also increased by 21%, due to decreased supply from Nuwara Eliya and Puttalam. Prices of knolkhol has increased by 8%, with decreased supply from Dambulla, Hanguranketha and Nuwara Eliya. However, price of tomato has decreased by 26%, with increased supply from Balangoda, Hanguranketha and Sooriyawewa.

Considering the low-country vegetables, the highest price decrease was reported for long beans as 36%, due to increased supply from Embilipitiya Puttalam and Balangoda. In addition, prices of capsicum have also decreased by 29%, with increased supply from Puttalam and Wellawaya While the price of luffa has also decreased by 23%, with increased supply from Dambulla and Balangoda. However, the prices of brinjals have increased by 18%, with decreased supply from Anuradhapura. Prices of green chilies have decreased further by 33%, due to increased supply from Nochchiyagama and Jaffna areas.

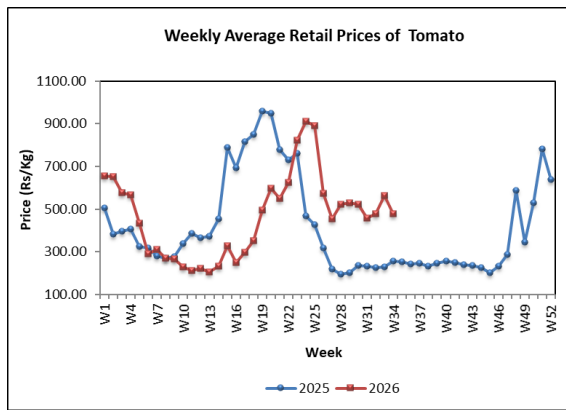
Compared to the same period of last year, the prices of most of the vegetables have increased, with the highest price increase of 224% reported for beetroot.

Retail

Prices of most of vegetable varieties have decreased. Considering the up-country vegetable varieties, the highest price decrease was reported for tomato by Rs.86.00/kg. Prices of beans and leeks have also decreased by Rs. 31.00/kg and Rs.22.00/kg respectively. However, with the increase wholesale prices, the prices of cabbage and beetroot have increased by Rs. 39.00/kg and Rs.13.00/kg respectively.



Considering the low country vegetable varieties, the highest price decrease was reported for capsicum by Rs.85.00/kg and the price of long beans has also decreased by Rs.84.00/kg. Meanwhile due to a decreased in wholesale price, the retail price of green chilies has decreased by Rs.314.00/kg whereas the price of lime has increased by Rs.75.00/kg



Compared to the same period of last year, prices of most of vegetable varieties have increased with a highest price increase of 87% reported for tomato.

Coconut Wholesale

Prices of both large and small coconut have not changed significantly. Price ranged Rs.160.00-170.00 for a large nut and Rs.140.00-150.00 for a small nut.

Compared to the same period of last year, the current wholesale prices of both large and small nuts have decreased by 11% and 8% respectively.

Retail

There has been no significant change in the prices of both large and small nuts. Prices ranged Rs.170.00-190.00 for a large nut and Rs.145.00-160.00 for a small nut.

Compared to the same period of last year, the current retail prices of both large and

small nuts have decreased by 12% and 16% respectively.

Fruits Wholesale

Prices of most of the fruit varieties have increased due to low supply to the market. The highest price increase of 20% was reported for grapes(imported). Furthermore, prices of karthakolomban mango, vilad mango, anamalu banana and ambun banana have increased by 11% per each due to low supply from harvesting areas. Moreover, price of pineapple has increased by 10% due to low supply. However, price of slime apple has decreased by 17% due to high supply to the market.

Compared to the same period of last year, prices of most of the fruit varieties have increased with the highest price increase of 113% was recorded for ambul banana.

Retail

In line with the increased wholesale prices, retail prices of most of the fruits have also increased. The highest price increase of Rs.500.00/kg was reported for karathkolomban mango. Price of imported grapes, avocado and kolikuttu banana have

also increased by Rs.174.00/kg, Rs.36.00/kg and Rs.31.00/kg respectively. Also, prices of pineapple, ambul banana and anamalu banana have increased by Rs.28.00/kg, Rs.14.00/kg and Rs.12.00/kg. However, the price of papaw has decreased by Rs.16.00/kg.

Compared to the same period of last year, current prices of all of the fruits have increased with the highest price increase of 67% reported for kolikuttu banana.

Fresh Fish

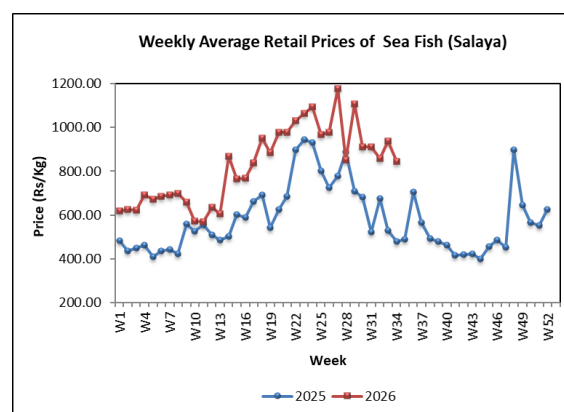
Wholesale

Price of most fresh fish types have increased with the highest price increase was noted for hurulla and its price ranged Rs.900.00-1300.00/kg. The second highest price increase was noted for balaya and shrimps and prices ranged Rs.1000.00-1300.00/kg and Rs.1800.00-2400.00/kg. Meanwhile, prices of salaya, paraw and thalapath have decreased by 21%, 10% and 2% respectively.

Compared to the same period of last year, current wholesale prices of all the fresh fish types have increased with the highest price increase of 84% noted for salaya.

Retail

Prices of most of the fish varieties have increased. The highest price increase was recorded for kelawalla by Rs.279.00/kg. Prices for prawns and mora have increased by Rs.248.00/kg and Rs.172.00/kg respectively. Conversely, price decreases were recorded for balaya, thora, and thalapath, by Rs.210.00, Rs.168.00 and Rs.161.00/kg respectively.



Compared to the same period last year, retail prices of all fish species have increased with the highest price increase of 77% recorded for salaya.

Dried Fish

Wholesale

Prices of some local and imported dried fish types have decreased with the highest price decrease of 8% was noted for local salaya and its price ranged Rs.800.00-950.00/kg. The second highest price decrease of 5% was noted for imported kattawa and its price ranged Rs.1700.00-2000.00/kg. While,

price of local koduwa has increased by 117% and its price ranged Rs.1800.00-2100.00/kg.

Compared to the same period of last year, current wholesale prices of most of the dried fish types have increased with the highest price increase was noted for local koduwa.

Retail

Prices of most of the dried fish varieties have decreased. The highest price decreased was noted for thora by Rs.150.00/kg. Prices of katta and mora varieties have also dropped by Rs.116.00 and Rs.101.00/kg respectively. However, the price of local sprats has increased by Rs.62.00/kg.

Compared to the same period last year, the prices of most of the dried fish varieties have increased within the range of 10% to 83%, with the highest price increase recorded for local sprats.

Eggs

Wholesale

Prices of both brown and white eggs have decreased by about 1%. Price ranged

Rs.39.00-43.00 for brown eggs and Rs.37.50-40.00 for white egg.

Compared to the same period of last year, current wholesale prices of brown and white eggs have increased by 27% and 37% respectively.

Retail

Prices of both brown and white eggs have decreased nearly cents .50/egg. Prices ranged Rs.41.00-47.00 for brown eggs and Rs.39.00-45.00 for white eggs.

Compared to the same period of last year, prices of both brown eggs and white eggs have increased by 29% and 33% respectively.

Meat

Retail

Prices for all types of meat have decreased. The highest price decrease of Rs.50.00/kg was observed for pork followed by chicken (broiler) by Rs.42.00/kg. Price reductions of Rs.36.00/kg recorded for curry chicken.

Compared to the same period last year, the prices of most of the meat varieties have increased, with the highest price increase

of recorded for 20% was recorded for mutton.

NOTE

The Food Commodities Bulletin is a weekly publication containing information relating to wholesale and retail prices of selected food commodities in nine selected markets in and around Colombo and main markets in the major producing areas.

The information is analyzed and presented as prevailing prices, price ranges, averages, and a comparison of weekly prices. The changes in prices reported are always with price prevailed during the previous week unless otherwise stated.

The frequency of collection of wholesale price information is twice a week (i.e., Tuesday and Friday) while with retail prices, it is thrice a week (i.e., Friday, Monday, and Tuesday).

Table 01: Selected Markets: Wholesale Price of Rice (Rs/kg)**Week 34: 21 - 27 Aug 2026**

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
09	Colombo	225.00 –	230.00	220.00 –	222.00	250.00 –	310.00	195.00 –	200.00	190.00 –	192.00	160.00 –	170.00	170.00 –	190.00
	Divulapitiya	280.00 –	285.00	218.00 –	240.00	250.00 –	300.00	227.00 –	228.00	178.00 –	200.00	170.00 –	180.00	165.00 –	188.00
	Kurunegala	–		–		–		–		–		–		–	
	Nikaweratiya	–		230.00 –	235.00	375.00 –	380.00	224.00 –	228.00	175.00 –	180.00	–		165.00 –	175.00
	Badulla	–		230.00 –	240.00	330.00 –	345.00	220.00 –	225.00	–		–		175.00 –	180.00
	Puttalam	275.00 –	280.00	238.00 –	245.00	370.00 –	375.00	225.00 –	228.00	198.00 –	205.00	205.00 –	210.00	190.00 –	198.00
	Dambulla	260.00 –	280.00	230.00 –	245.00	260.00 –	260.00	224.00 –	230.00	190.00 –	210.00	185.00 –	210.00	190.00 –	210.00
	Anuradhapura	240.00 –	245.00	230.00 –	230.00	255.00 –	255.00	220.00 –	225.00	180.00 –	200.00	210.00 –	212.00	175.00 –	185.00
	Tambuttegama	280.00 –	285.00	230.00 –	238.00	375.00 –	375.00	228.00 –	230.00	186.00 –	190.00	210.00 –	218.00	177.00 –	182.00
	Polonnaruwa	–		–		–		218.00 –	220.00	–		190.00 –	190.50	199.50 –	200.00
	Kalutara	–		230.00 –	235.00	–		226.00 –	228.00	195.00 –	200.00	165.00 –	190.00	180.00 –	210.00
	Ampara	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	197.00 –	200.00	170.00 –	180.00	170.00 –	185.00
	Kandy	260.00 –	265.00	230.00 –	235.00	320.00 –	325.00	218.00 –	220.00	195.00 –	200.00	170.00 –	180.00	180.00 –	195.00
	Moneragala	–		230.00 –	235.00	350.00 –	360.00	210.00 –	215.00	–		160.00 –	165.00	170.00 –	175.00
	Kegalle	–		230.00 –	235.00	–		226.00 –	228.00	182.00 –	190.00	200.00 –	205.00	190.00 –	195.00
	Dehiattakandiya	250.00 –	270.00	–		300.00 –	370.00	215.00 –	225.00	190.00 –	190.00	215.00 –	215.00	165.00 –	205.00
	Hambantota	–		–		–		–		–		–		–	
	Matara	–		–		–		–		–		–		–	
	Galle	245.00 –	250.00	235.00 –	240.00	360.00 –	390.00	–		190.00 –	200.00	160.00 –	170.00	185.00 –	200.00
	Meegoda	–		220.00 –	232.00	250.00 –	258.00	193.00 –	195.00	180.00 –	185.00	162.00 –	170.00	169.00 –	175.00
	Tissamaharama	–		–		–		229.00 –	229.00	–		156.00 –	157.00	195.00 –	197.00
	Embilipitiya	–		235.00 –	236.00	370.00 –	375.00	224.00 –	225.00	185.00 –	195.00	150.00 –	155.00	172.00 –	174.00
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	–		235.00 –	240.00	255.00 –	265.00	220.00 –	230.00	210.00 –	215.00	170.00 –	180.00	190.00 –	195.00
	Mannar	258.00 –	258.00	245.00 –	248.00	330.00 –	335.00	230.00 –	235.00	190.00 –	200.00	175.00 –	185.00	190.00 –	200.00
	Killinochchi	–		–		–		–		–		–		–	
	Mullattivu	–		240.00 –	246.00	–		220.00 –	226.00	205.00 –	212.00	170.00 –	176.00	195.00 –	200.00
	Batticaloa	–		225.00 –	232.00	280.00 –	310.00	–		190.00 –	200.00	175.00 –	180.00	170.00 –	180.00
	Trincomalee	–		–		–		–		–		–		–	
	Galenbindunuwew	280.00 –	280.00	230.00 –	235.00	260.00 –	260.00	228.00 –	228.00	195.00 –	200.00	200.00 –	215.00	180.00 –	190.00
Matale	–		230.00 –	235.00	255.00 –	370.00	218.00 –	225.00	195.00 –	200.00	175.00 –	190.00	175.00 –	185.00	

Table 02: Selected Markets: Retail Price of Rice (Rs/kg)

Week 34: 21 - 27 Aug 2026

	LOCATIONS	Rice Varieties													
		Samba 1		Samba 2		Keeri Samba		Nadu 1		Nadu 2		Raw Red		Raw White	
10	Colombo	240.00 –	260.00	–		260.00 –	365.00	220.00 –	230.00	–		180.00 –	220.00	190.00 –	220.00
	Gampaha	–		237.00 –	240.00	–		230.00 –	230.00	195.00 –	210.00	182.00 –	205.00	185.00 –	205.00
	Kurunegala	–		–		–		–		–		–		–	
	Nikaweratiya	285.00 –	290.00	235.00 –	240.00	385.00 –	390.00	228.00 –	235.00	185.00 –	192.00	–		180.00 –	188.00
	Dambulla	270.00 –	280.00	240.00 –	245.00	260.00 –	260.00	227.00 –	230.00	200.00 –	210.00	200.00 –	210.00	200.00 –	210.00
	Anuradhapura	250.00 –	255.00	240.00 –	240.00	260.00 –	260.00	225.00 –	235.00	200.00 –	210.00	215.00 –	220.00	195.00 –	210.00
	Thambuththegama	290.00 –	300.00	245.00 –	255.00	385.00 –	400.00	230.00 –	235.00	195.00 –	210.00	215.00 –	225.00	190.00 –	205.00
	Polonnaruwa	–		–		–		230.00 –	230.00	185.00 –	204.00	218.00 –	220.00	220.00 –	220.00
	Kaluthara	–		240.00 –	260.00	380.00 –	390.00	230.00 –	230.00	200.00 –	210.00	170.00 –	195.00	185.00 –	220.00
	Badulla	–		240.00 –	240.00	360.00 –	370.00	230.00 –	230.00	220.00 –	220.00	180.00 –	200.00	180.00 –	190.00
	Keppetipola	–		240.00 –	245.00	350.00 –	355.00	226.00 –	230.00	206.00 –	210.00	175.00 –	178.00	190.00 –	200.00
	Moneragala	–		240.00 –	240.00	360.00 –	370.00	220.00 –	220.00	–		170.00 –	180.00	180.00 –	190.00
	Kegalle	–		240.00 –	240.00	–		230.00 –	230.00	215.00 –	220.00	210.00 –	220.00	210.00 –	220.00
	Ampara	–		240.00 –	240.00	260.00 –	260.00	230.00 –	230.00	198.00 –	202.00	180.00 –	200.00	170.00 –	220.00
	Dehiattakandiya	260.00 –	280.00	–		320.00 –	380.00	220.00 –	230.00	200.00 –	200.00	220.00 –	220.00	170.00 –	220.00
	Nuwaraeliya	–		245.00 –	250.00	350.00 –	360.00	226.00 –	230.00	206.00 –	210.00	175.00 –	180.00	195.00 –	200.00
	Kandy	270.00 –	275.00	245.00 –	250.00	350.00 –	360.00	225.00 –	230.00	210.00 –	220.00	200.00 –	210.00	200.00 –	220.00
	Puttalam	285.00 –	290.00	250.00 –	260.00	380.00 –	390.00	230.00 –	230.00	210.00 –	220.00	220.00 –	225.00	200.00 –	210.00
	Hambantota	–		–		–		–		–		–		–	
	Rathnapura	295.00 –	300.00	–		370.00 –	380.00	230.00 –	230.00	206.00 –	215.00	165.00 –	174.00	185.00 –	190.00
	Matara	–		–		–		–		–		–		–	
	Galle	280.00 –	290.00	250.00 –	260.00	380.00 –	400.00	220.00 –	230.00	200.00 –	200.00	175.00 –	200.00	200.00 –	210.00
	Tissamaharama	–		–		–		230.00 –	230.00	–		160.00 –	165.00	200.00 –	205.00
	Meegoda (DEC)	–		240.00 –	240.00	340.00 –	340.00	220.00 –	220.00	200.00 –	210.00	180.00 –	190.00	190.00 –	200.00
	Embilipitiya	260.00 –	260.00	238.00 –	240.00	375.00 –	385.00	229.00 –	230.00	200.00 –	208.00	158.00 –	165.00	198.00 –	210.00
	Jaffna	–		–		–		–		–		–		–	
	Vavuniya	–		240.00 –	250.00	260.00 –	270.00	220.00 –	230.00	–		180.00 –	190.00	200.00 –	210.00
	Mannar	–		250.00 –	255.00	355.00 –	360.00	230.00 –	235.00	–		190.00 –	197.00	210.00 –	220.00
	Killinochchi	–		–		–		–		–		–		–	
	Mullaittivu	–		245.00 –	250.00	–		225.00 –	230.00	210.00 –	215.00	175.00 –	180.00	200.00 –	205.00
	Batticaloa	–		235.00 –	242.00	330.00 –	345.00	–		200.00 –	210.00	190.00 –	198.00	190.00 –	198.00
	Trincomalee	–		–		–		–		–		–		–	
Hanguranketha	–		235.00 –	235.00	260.00 –	260.00	230.00 –	230.00	220.00 –	220.00	180.00 –	190.00	185.00 –	215.00	
Veyangoda	–		235.00 –	240.00	–		230.00 –	230.00	192.00 –	200.00	185.00 –	200.00	185.00 –	205.00	
Galenbindunuwewa	285.00 –	285.00	240.00 –	240.00	260.00 –	360.00	230.00 –	230.00	205.00 –	210.00	220.00 –	220.00	195.00 –	200.00	
Bandarawela	–		–		365.00 –	370.00	230.00 –	230.00	215.00 –	218.00	175.00 –	185.00	185.00 –	190.00	
Matale	270.00 –	280.00	238.00 –	240.00	260.00 –	380.00	220.00 –	230.00	208.00 –	218.00	195.00 –	210.00	195.00 –	215.00	

Table 04: Selected Markets: Wholesale Price of Subsidiary Food (Rs/kg)

Week 34: 21 - 27 Aug 2026

LOCATION	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1050.00 - 1200.00	-	250.00 - 300.00	260.00 - 300.00	160.00 - 250.00	-	290.00 - 310.00	700.00 - 750.00	620.00 - 700.00	225.00 - 240.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	1060.00 - 1080.00	240.00 - 250.00	-	270.00 - 280.00	175.00 - 185.00	-	-	840.00 - 870.00	-	230.00 - 240.00
Dehiattakandiya	1050.00 - 1100.00	-	380.00 - 385.00	250.00 - 300.00	180.00 - 200.00	-	330.00 - 430.00	650.00 - 750.00	700.00 - 750.00	225.00 - 250.00
Dambulla (DEC)	1060.00 - 1250.00	-	250.00 - 420.00	260.00 - 320.00	-	240.00 - 260.00	270.00 - 290.00	580.00 - 850.00	450.00 - 800.00	230.00 - 250.00
Anuradhapura	1060.00 - 1100.00	260.00 - 280.00	-	260.00 - 285.00	190.00 - 220.00	-	-	870.00 - 900.00	760.00 - 800.00	230.00 - 245.00
Thambuththegama	1100.00 - 1120.00	220.00 - 260.00	-	225.00 - 290.00	160.00 - 200.00	-	-	600.00 - 620.00	500.00 - 500.00	-
Polonnaruwa	1000.00 - 1100.00	330.00 - 380.00	-	290.00 - 330.00	220.00 - 265.00	-	-	-	780.00 - 845.00	220.00 - 235.00
Kaluthara	1080.00 - 1180.00	-	290.00 - 300.00	260.00 - 270.00	190.00 - 210.00	-	-	750.00 - 790.00	680.00 - 750.00	235.00 - 245.00
Puttalam	1150.00 - 1180.00	340.00 - 360.00	180.00 - 270.00	270.00 - 280.00	180.00 - 190.00	-	-	760.00 - 800.00	850.00 - 880.00	230.00 - 235.00
Kandy	1150.00 - 1200.00	-	280.00 - 300.00	270.00 - 290.00	170.00 - 210.00	250.00 - 260.00	280.00 - 310.00	700.00 - 800.00	650.00 - 700.00	230.00 - 235.00
Matara	-	-	-	-	-	-	-	-	-	-
Hambantota	-	-	-	-	-	-	-	-	-	-
Kegalle	1000.00 - 1100.00	280.00 - 290.00	-	220.00 - 220.00	190.00 - 200.00	-	320.00 - 330.00	810.00 - 820.00	710.00 - 720.00	220.00 - 220.00
Galle	1100.00 - 1150.00	350.00 - 380.00	-	220.00 - 225.00	180.00 - 200.00	-	340.00 - 360.00	820.00 - 850.00	840.00 - 850.00	240.00 - 260.00
Tissamaharama	1050.00 - 1075.00	340.00 - 350.00	-	250.00 - 260.00	210.00 - 220.00	-	300.00 - 310.00	700.00 - 750.00	-	235.00 - 240.00
Meegoda (DEC)	1050.00 - 1100.00	-	250.00 - 280.00	245.00 - 275.00	165.00 - 175.00	265.00 - 280.00	300.00 - 310.00	720.00 - 750.00	690.00 - 730.00	228.00 - 240.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	1200.00 - 1300.00	-	280.00 - 290.00	290.00 - 310.00	220.00 - 235.00	-	-	650.00 - 680.00	-	240.00 - 250.00
Mannar	1065.00 - 1075.00	275.00 - 280.00	-	-	175.00 - 180.00	-	-	800.00 - 850.00	-	230.00 - 245.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullattivu	1230.00 - 1280.00	-	-	290.00 - 330.00	180.00 - 210.00	-	-	780.00 - 830.00	-	240.00 - 250.00
Batticaloa	1100.00 - 1200.00	-	250.00 - 270.00	240.00 - 260.00	180.00 - 195.00	-	320.00 - 335.00	700.00 - 725.00	-	220.00 - 230.00
Trincomalee	-	-	-	-	-	-	-	-	-	-
Galenbindunuwewa	1050.00 - 1150.00	-	250.00 - 270.00	-	180.00 - 195.00	-	-	720.00 - 750.00	700.00 - 750.00	225.00 - 235.00
Matale	1150.00 - 1180.00	-	280.00 - 320.00	280.00 - 290.00	160.00 - 200.00	-	-	750.00 - 800.00	700.00 - 760.00	235.00 - 245.00

Table 05: Selected Markets: Retail Price of Subsidiary Food Crops (Rs/kg)

Week 34: 21 - 27 Aug 2026

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LOCATIONS	Dried Chillies	Red Onion		Big Onion	Potato			Pulses		
	Imported	Imported	Local		Imported	Welimada	Nuwara Eliya	Green Gram	Cowpea	Red Dhal
Colombo	1200.00 - 1500.00	-	350.00 - 560.00	280.00 - 320.00	180.00 - 280.00	-	360.00 - 480.00	800.00 - 1200.00	750.00 - 1200.00	240.00 - 320.00
Gampaha	1200.00 - 1300.00	380.00 - 440.00	300.00 - 350.00	280.00 - 320.00	240.00 - 280.00	-	420.00 - 480.00	820.00 - 1000.00	830.00 - 1000.00	245.00 - 270.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	1150.00 - 1200.00	-	-	280.00 - 295.00	185.00 - 200.00	-	-	860.00 - 900.00	-	240.00 - 255.00
Dambulla	1200.00 - 1250.00	-	380.00 - 420.00	300.00 - 320.00	200.00 - 240.00	-	360.00 - 400.00	800.00 - 850.00	760.00 - 780.00	245.00 - 260.00
Anuradhapura	1200.00 - 1250.00	300.00 - 350.00	360.00 - 400.00	280.00 - 300.00	225.00 - 230.00	-	-	900.00 - 950.00	840.00 - 850.00	240.00 - 260.00
Thambuththegama	1280.00 - 1500.00	280.00 - 350.00	-	300.00 - 360.00	180.00 - 250.00	-	-	750.00 - 880.00	700.00 - 900.00	245.00 - 255.00
Polonnaruwa	1200.00 - 1280.00	360.00 - 400.00	-	320.00 - 360.00	240.00 - 280.00	-	440.00 - 480.00	980.00 - 1100.00	800.00 - 860.00	240.00 - 240.00
Kaluthara	1200.00 - 1280.00	-	400.00 - 440.00	280.00 - 300.00	220.00 - 260.00	-	400.00 - 440.00	800.00 - 900.00	760.00 - 800.00	240.00 - 254.00
Badulla	1150.00 - 1200.00	350.00 - 400.00	-	300.00 - 320.00	200.00 - 240.00	380.00 - 400.00	-	750.00 - 850.00	700.00 - 850.00	260.00 - 300.00
Keppetipola	1300.00 - 1360.00	300.00 - 330.00	340.00 - 350.00	300.00 - 320.00	200.00 - 230.00	300.00 - 320.00	-	880.00 - 900.00	860.00 - 880.00	235.00 - 250.00
Moneragala	1150.00 - 1300.00	-	360.00 - 400.00	320.00 - 340.00	200.00 - 260.00	-	360.00 - 400.00	800.00 - 900.00	600.00 - 700.00	260.00 - 300.00
Kegalle	1140.00 - 1200.00	320.00 - 340.00	-	280.00 - 300.00	240.00 - 260.00	-	360.00 - 380.00	860.00 - 900.00	760.00 - 800.00	260.00 - 300.00
Ampara	1200.00 - 1250.00	380.00 - 400.00	-	260.00 - 280.00	200.00 - 230.00	-	380.00 - 410.00	850.00 - 870.00	790.00 - 850.00	238.00 - 242.00
Dehiattakandiya	1100.00 - 1150.00	-	400.00 - 400.00	260.00 - 300.00	200.00 - 220.00	-	400.00 - 480.00	750.00 - 800.00	750.00 - 850.00	240.00 - 280.00
Nuwaraeliya	1350.00 - 1420.00	340.00 - 350.00	350.00 - 360.00	320.00 - 340.00	240.00 - 260.00	-	350.00 - 360.00	890.00 - 900.00	850.00 - 875.00	235.00 - 245.00
Kandy	1260.00 - 1300.00	-	400.00 - 440.00	300.00 - 320.00	240.00 - 260.00	-	380.00 - 400.00	800.00 - 900.00	820.00 - 900.00	260.00 - 270.00
Puttalam	1250.00 - 1300.00	400.00 - 400.00	400.00 - 480.00	300.00 - 320.00	220.00 - 250.00	-	-	820.00 - 850.00	950.00 - 960.00	250.00 - 280.00
Rathnapura	1240.00 - 1300.00	-	380.00 - 440.00	280.00 - 290.00	235.00 - 265.00	-	380.00 - 400.00	820.00 - 960.00	750.00 - 790.00	270.00 - 284.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	-	-	-	-	-	-	-	-	-	-
Galle	1300.00 - 1300.00	500.00 - 560.00	-	-	240.00 - 260.00	-	380.00 - 420.00	900.00 - 950.00	1000.00 - 1000.00	260.00 - 300.00
Tissamaharama	1150.00 - 1200.00	370.00 - 380.00	-	280.00 - 290.00	250.00 - 260.00	-	350.00 - 360.00	800.00 - 850.00	-	250.00 - 260.00
Meegoda (DEC)	1200.00 - 1300.00	-	400.00 - 480.00	270.00 - 300.00	200.00 - 260.00	-	380.00 - 400.00	880.00 - 1000.00	840.00 - 1000.00	250.00 - 300.00
Embilipitiya	1160.00 - 1200.00	-	360.00 - 400.00	280.00 - 300.00	240.00 - 260.00	-	360.00 - 400.00	750.00 - 800.00	680.00 - 750.00	245.00 - 250.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	1300.00 - 1400.00	-	350.00 - 380.00	320.00 - 340.00	220.00 - 250.00	-	-	700.00 - 750.00	-	250.00 - 260.00
Mannar	1200.00 - 1250.00	-	-	-	180.00 - 200.00	-	-	900.00 - 950.00	-	255.00 - 260.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	1250.00 - 1300.00	-	-	-	190.00 - 220.00	-	-	800.00 - 850.00	-	245.00 - 255.00
Batticaloa	1200.00 - 1350.00	-	300.00 - 325.00	280.00 - 280.00	220.00 - 250.00	-	400.00 - 450.00	820.00 - 850.00	-	240.00 - 260.00
Trincomalee	-	-	-	-	-	-	-	-	-	-
Hanguranketha	1200.00 - 1200.00	-	300.00 - 300.00	290.00 - 300.00	200.00 - 220.00	-	-	800.00 - 900.00	730.00 - 780.00	238.00 - 245.00
Veyangoda	1100.00 - 1250.00	380.00 - 440.00	-	300.00 - 320.00	240.00 - 260.00	-	360.00 - 380.00	880.00 - 960.00	880.00 - 960.00	250.00 - 270.00
Galenbindunuwewa	1200.00 - 1250.00	-	300.00 - 320.00	300.00 - 320.00	200.00 - 220.00	-	-	800.00 - 850.00	750.00 - 800.00	245.00 - 250.00
Bandarawela	1200.00 - 1300.00	380.00 - 420.00	400.00 - 440.00	300.00 - 320.00	200.00 - 220.00	280.00 - 320.00	-	800.00 - 900.00	750.00 - 850.00	250.00 - 260.00
Matale	1180.00 - 1240.00	-	340.00 - 380.00	300.00 - 320.00	240.00 - 260.00	-	-	820.00 - 860.00	800.00 - 880.00	250.00 - 260.00

Table 06: Selected Markets: Wholesale Price of Vegetables(Rs/kg)

Week 34: 21 - 27 Aug 2026

Locations	Butter Beans	Green Beans	Carrot	Leeks	Beetroot	Knolkhol
Colombo	-	350.00 - 450.00	160.00 - 200.00	140.00 - 200.00	220.00 - 250.00	100.00 - 130.00
Meegoda (DEC)	-	380.00 - 460.00	170.00 - 230.00	160.00 - 210.00	-	110.00 - 140.00
Dambulla (DEC)	-	300.00 - 450.00	150.00 - 200.00	140.00 - 200.00	200.00 - 230.00	60.00 - 100.00
Keppetipola (DEC)	-	300.00 - 450.00	140.00 - 180.00	140.00 - 170.00	150.00 - 200.00	110.00 - 140.00
Norochchole (DEC)	-	-	-	-	-	70.00 - 80.00
Nuwara Eliya	-	430.00 - 460.00	190.00 - 210.00	170.00 - 180.00	160.00 - 180.00	120.00 - 130.00
Kandy	-	380.00 - 450.00	170.00 - 200.00	170.00 - 180.00	250.00 - 300.00	120.00 - 140.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	-	380.00 - 500.00	180.00 - 240.00	160.00 - 220.00	-	-
Jaffna	-	-	-	-	-	-
Bandarawela	-	340.00 - 420.00	140.00 - 180.00	150.00 - 170.00	180.00 - 210.00	110.00 - 130.00
Veyangoda	-	400.00 - 450.00	180.00 - 220.00	170.00 - 200.00	-	100.00 - 150.00

Locations	Raddish	Cabbage	Tomato	Ladies Fingers	Brinjal	Capsicum
Colombo	50.00 - 100.00	120.00 - 200.00	250.00 - 300.00	80.00 - 120.00	250.00 - 400.00	250.00 - 400.00
Meegoda (DEC)	80.00 - 120.00	170.00 - 240.00	200.00 - 320.00	110.00 - 140.00	280.00 - 360.00	350.00 - 400.00
Moneragala	130.00 - 150.00	180.00 - 200.00	300.00 - 350.00	150.00 - 160.00	250.00 - 300.00	500.00 - 550.00
Dambulla (DEC)	50.00 - 70.00	120.00 - 160.00	160.00 - 230.00	70.00 - 90.00	250.00 - 350.00	280.00 - 400.00
Keppetipola (DEC)	50.00 - 70.00	120.00 - 220.00	200.00 - 250.00	-	250.00 - 300.00	500.00 - 600.00
Norochchole (DEC)	40.00 - 80.00	-	250.00 - 280.00	70.00 - 90.00	140.00 - 200.00	250.00 - 400.00
Nuwara Eliya	60.00 - 80.00	150.00 - 170.00	220.00 - 250.00	-	-	580.00 - 620.00
Kandy	70.00 - 90.00	160.00 - 190.00	200.00 - 250.00	100.00 - 120.00	200.00 - 300.00	350.00 - 400.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	90.00 - 130.00	130.00 - 240.00	160.00 - 230.00	50.00 - 70.00	220.00 - 320.00	280.00 - 360.00
Tissamaharama	80.00 - 100.00	180.00 - 200.00	260.00 - 280.00	110.00 - 130.00	300.00 - 320.00	400.00 - 430.00
Jaffna	-	-	-	-	-	-
Bandarawela	60.00 - 70.00	120.00 - 200.00	230.00 - 260.00	120.00 - 140.00	250.00 - 300.00	480.00 - 550.00
Veyangoda	90.00 - 120.00	160.00 - 240.00	240.00 - 340.00	100.00 - 130.00	280.00 - 350.00	330.00 - 400.00

Locations	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa
Colombo	130.00 - 150.00	60.00 - 100.00	280.00 - 350.00	180.00 - 300.00	80.00 - 160.00	80.00 - 130.00
Meegoda (DEC)	120.00 - 160.00	50.00 - 90.00	270.00 - 320.00	200.00 - 270.00	-	200.00 - 220.00
Moneragala	150.00 - 160.00	120.00 - 130.00	360.00 - 400.00	230.00 - 260.00	150.00 - 170.00	250.00 - 300.00
Dambulla (DEC)	80.00 - 120.00	50.00 - 80.00	220.00 - 300.00	90.00 - 150.00	70.00 - 120.00	120.00 - 170.00
Keppetipola (DEC)	130.00 - 150.00	80.00 - 100.00	-	-	170.00 - 230.00	-
Norochchole (DEC)	-	30.00 - 50.00	240.00 - 300.00	100.00 - 140.00	120.00 - 150.00	100.00 - 150.00
Nuwara Eliya	-	-	-	-	-	-
Kandy	120.00 - 140.00	80.00 - 100.00	280.00 - 330.00	180.00 - 220.00	130.00 - 170.00	180.00 - 200.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	90.00 - 120.00	50.00 - 80.00	200.00 - 250.00	120.00 - 170.00	150.00 - 200.00	100.00 - 150.00
Tissamaharama	140.00 - 150.00	80.00 - 100.00	300.00 - 320.00	200.00 - 220.00	-	200.00 - 220.00
Jaffna	-	-	-	-	-	-
Bandarawela	140.00 - 155.00	100.00 - 110.00	280.00 - 320.00	200.00 - 260.00	180.00 - 230.00	150.00 - 170.00
Veyangoda	130.00 - 150.00	60.00 - 90.00	300.00 - 350.00	180.00 - 240.00	140.00 - 170.00	170.00 - 250.00

Table 06 (Contd.)

	Long Beans	Ash Plantain	Green Chillies	Lime	Sweet Potatoe	Manioc
Colombo	80.00 - 180.00	130.00 - 150.00	200.00 - 550.00	250.00 - 400.00	120.00 - 150.00	100.00 - 130.00
Meegoda (DEC)	120.00 - 200.00	120.00 - 150.00	320.00 - 520.00	380.00 - 520.00	110.00 - 160.00	100.00 - 120.00
Moneragala	150.00 - 200.00	50.00 - 70.00	500.00 - 600.00	350.00 - 370.00	150.00 - 200.00	120.00 - 140.00
Dambulla (DEC)	100.00 - 200.00	80.00 - 120.00	300.00 - 500.00	360.00 - 450.00	90.00 - 120.00	100.00 - 120.00
Keppetipola (DEC)	-	-	450.00 - 800.00	-	150.00 - 160.00	110.00 - 150.00
Norochhole (DEC)	70.00 - 90.00	80.00 - 100.00	300.00 - 450.00	-	-	120.00 - 130.00
Nuwara Eliya	-	-	-	-	-	-
Kandy	130.00 - 200.00	100.00 - 140.00	450.00 - 500.00	300.00 - 350.00	130.00 - 160.00	100.00 - 120.00
Hambantota	-	-	-	-	-	-
Thambuththegama (DEC)	80.00 - 130.00	100.00 - 120.00	300.00 - 460.00	260.00 - 330.00	100.00 - 140.00	80.00 - 120.00
Tissamaharama	140.00 - 160.00	120.00 - 130.00	450.00 - 500.00	320.00 - 340.00	130.00 - 150.00	100.00 - 120.00
Jaffna	-	-	-	-	-	-
Bandarawela	180.00 - 220.00	140.00 - 150.00	500.00 - 600.00	350.00 - 420.00	140.00 - 150.00	110.00 - 120.00
Veyangoda	100.00 - 150.00	130.00 - 150.00	300.00 - 550.00	350.00 - 450.00	120.00 - 150.00	120.00 - 140.00

Locations	Leafy Vegetables (Rs/kg)			Coconut (Rs/nut)	
	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	110.00 - 120.00	110.00 - 120.00	250.00 - 280.00	160.00 - 170.00	140.00 - 150.00
Meegoda (DEC)	-	-	-	140.00 - 145.00	125.00 - 130.00
Norochhole (DEC)	-	-	-	-	-
Nuwara Eliya	-	-	-	-	-
Dambulla (DEC)	150.00 - 175.00	150.00 - 175.00	150.00 - 175.00	115.00 - 125.00	90.00 - 100.00
Kandy	180.00 - 200.00	180.00 - 200.00	240.00 - 280.00	130.00 - 140.00	90.00 - 110.00
Hambantota	-	-	-	-	-
Thambuththegama (DEC)	170.00 - 170.00	170.00 - 170.00	170.00 - 170.00	100.00 - 110.00	80.00 - 90.00
Tissamaharama	120.00 - 140.00	120.00 - 140.00	250.00 - 275.00	-	-
Jaffna	-	-	-	-	-
Bandarawela	150.00 - 180.00	150.00 - 180.00	210.00 - 240.00	-	-
Veyangoda	-	-	-	-	-

Colombo, Meegoda, Norochhole, Jaffna, Dambulla and Kandy - Gotukola Price Rs/Kg

Table 07: Selected Markets: Retail Price of Vegetables (Rs/kg)

Week 34: 21 - 27 Aug 2026

LOCATIONS	Up Country Varieties																
	Butter Beans		Green Beans		Carrot		Leeks		Beetroot		Knol Khol		Raddish		Cabbage		Tomato
Colombo	-		450.00 - 700.00		230.00 - 480.00		200.00 - 480.00		250.00 - 480.00		150.00 - 400.00		150.00 - 320.00		180.00 - 400.00		350.00 - 600.00
Gampaha	-		480.00 - 620.00		320.00 - 380.00		340.00 - 400.00		400.00 - 420.00		280.00 - 320.00		180.00 - 260.00		280.00 - 380.00		400.00 - 440.00
Kurunegala	-		-		-		-		-		-		-		-		-
Nikaweratiya	-		560.00 - 620.00		400.00 - 450.00		400.00 - 450.00		-		240.00 - 320.00		160.00 - 240.00		320.00 - 400.00		400.00 - 460.00
Dambulla	-		600.00 - 660.00		300.00 - 340.00		360.00 - 380.00		360.00 - 400.00		240.00 - 280.00		180.00 - 200.00		220.00 - 250.00		360.00 - 400.00
Anuradhapura	-		660.00 - 720.00		400.00 - 450.00		380.00 - 400.00		380.00 - 420.00		400.00 - 400.00		240.00 - 280.00		240.00 - 280.00		420.00 - 480.00
Thambuththegama	-		660.00 - 750.00		350.00 - 400.00		280.00 - 350.00		-		240.00 - 320.00		180.00 - 250.00		280.00 - 350.00		320.00 - 400.00
Polonnaruwa	-		700.00 - 760.00		400.00 - 400.00		360.00 - 400.00		420.00 - 480.00		240.00 - 280.00		160.00 - 240.00		280.00 - 320.00		480.00 - 540.00
Kaluthara	-		400.00 - 560.00		300.00 - 340.00		280.00 - 320.00		360.00 - 480.00		200.00 - 320.00		180.00 - 200.00		300.00 - 360.00		400.00 - 440.00
Badulla	-		520.00 - 600.00		320.00 - 400.00		320.00 - 480.00		320.00 - 400.00		320.00 - 400.00		200.00 - 240.00		240.00 - 320.00		320.00 - 400.00
Keppetipola	-		370.00 - 400.00		200.00 - 250.00		200.00 - 230.00		240.00 - 260.00		180.00 - 220.00		120.00 - 140.00		250.00 - 280.00		280.00 - 320.00
Moneragala	-		540.00 - 600.00		360.00 - 400.00		320.00 - 360.00		380.00 - 400.00		240.00 - 260.00		200.00 - 240.00		240.00 - 280.00		440.00 - 480.00
Kegalle	-		600.00 - 640.00		440.00 - 480.00		440.00 - 480.00		360.00 - 400.00		240.00 - 280.00		240.00 - 280.00		280.00 - 320.00		480.00 - 520.00
Ampara	-		500.00 - 600.00		360.00 - 380.00		300.00 - 360.00		360.00 - 400.00		240.00 - 320.00		180.00 - 240.00		300.00 - 350.00		380.00 - 480.00
Dehiattakandiya	-		500.00 - 600.00		300.00 - 400.00		300.00 - 300.00		400.00 - 400.00		200.00 - 200.00		160.00 - 200.00		300.00 - 320.00		300.00 - 400.00
Nuwaraeliya	-		480.00 - 500.00		280.00 - 300.00		260.00 - 280.00		250.00 - 260.00		240.00 - 250.00		140.00 - 150.00		280.00 - 300.00		380.00 - 420.00
Kandy	-		600.00 - 640.00		320.00 - 360.00		300.00 - 320.00		360.00 - 400.00		240.00 - 260.00		160.00 - 200.00		300.00 - 320.00		400.00 - 440.00
Puttalam	-		720.00 - 800.00		500.00 - 560.00		480.00 - 520.00		560.00 - 600.00		280.00 - 320.00		200.00 - 280.00		480.00 - 520.00		500.00 - 560.00
Hambantota	-		-		-		-		-		-		-		-		-
Rathnapura	-		550.00 - 600.00		300.00 - 360.00		300.00 - 380.00		-		240.00 - 280.00		180.00 - 240.00		240.00 - 280.00		300.00 - 400.00
Matara	-		-		-		-		-		-		-		-		-
Galle	-		600.00 - 680.00		400.00 - 460.00		320.00 - 360.00		340.00 - 380.00		240.00 - 260.00		200.00 - 240.00		260.00 - 300.00		540.00 - 600.00
Tissamaharama	-		500.00 - 520.00		260.00 - 280.00		240.00 - 260.00		300.00 - 330.00		180.00 - 200.00		160.00 - 180.00		260.00 - 280.00		340.00 - 360.00
Meegoda (DEC)	-		480.00 - 560.00		400.00 - 400.00		360.00 - 360.00		-		280.00 - 280.00		240.00 - 300.00		320.00 - 400.00		480.00 - 480.00
Embilipitiya	-		560.00 - 600.00		300.00 - 360.00		280.00 - 320.00		-		180.00 - 240.00		160.00 - 200.00		280.00 - 320.00		320.00 - 400.00
Jaffna	-		-		-		-		-		-		-		-		-
Vavuniya	-		600.00 - 700.00		400.00 - 500.00		400.00 - 500.00		400.00 - 450.00		300.00 - 350.00		200.00 - 250.00		320.00 - 350.00		400.00 - 450.00
Mannar	-		580.00 - 600.00		350.00 - 360.00		360.00 - 380.00		350.00 - 380.00		-		200.00 - 250.00		300.00 - 320.00		550.00 - 600.00
Killinochchi	-		-		-		-		-		-		-		-		-
Mullaittivu	-		600.00 - 650.00		350.00 - 400.00		350.00 - 400.00		350.00 - 400.00		-		190.00 - 220.00		300.00 - 350.00		450.00 - 500.00
Batticaloa	-		500.00 - 600.00		320.00 - 365.00		300.00 - 325.00		400.00 - 450.00		240.00 - 250.00		200.00 - 225.00		300.00 - 325.00		400.00 - 450.00
Trincomalee	-								-				-				
Hanguranketha	-		500.00 - 560.00		230.00 - 250.00		220.00 - 240.00		-		140.00 - 150.00		100.00 - 110.00		190.00 - 210.00		350.00 - 370.00
Veyangoda	-		480.00 - 560.00		320.00 - 360.00		320.00 - 360.00		-		240.00 - 320.00		200.00 - 260.00		280.00 - 360.00		400.00 - 480.00
Galenbindunuwewa	-		720.00 - 800.00		460.00 - 480.00		460.00 - 480.00		460.00 - 480.00		220.00 - 240.00		140.00 - 160.00		260.00 - 280.00		400.00 - 420.00
Bandarawela	-		400.00 - 440.00		260.00 - 280.00		260.00 - 280.00		300.00 - 340.00		160.00 - 180.00		120.00 - 140.00		240.00 - 260.00		340.00 - 360.00
Matale	-		600.00 - 680.00		400.00 - 480.00		400.00 - 480.00		400.00 - 480.00		200.00 - 240.00		180.00 - 240.00		320.00 - 360.00		400.00 - 480.00

Table 07 (Contd.)

LOCATIONS	Low Country Varieties											
	Ladies Fingers	Brinjal	Capsicum	Pumpkin	Cucumber	Bitter Gourd	Snake Gourd	Drumstick	Luffa	Long Beans		
Colombo	150.00 - 400.00	400.00 - 600.00	400.00 - 800.00	160.00 - 320.00	120.00 - 320.00	350.00 - 600.00	280.00 - 600.00	200.00 - 480.00	230.00 - 480.00	200.00 - 480.00		
Gampaha	260.00 - 320.00	460.00 - 550.00	480.00 - 560.00	240.00 - 280.00	140.00 - 200.00	460.00 - 500.00	340.00 - 420.00	280.00 - 320.00	300.00 - 340.00	280.00 - 340.00		
Kurunegala	-	-	-	-	-	-	-	-	-	-		
Nikaweratiya	240.00 - 320.00	320.00 - 400.00	480.00 - 600.00	240.00 - 260.00	160.00 - 240.00	400.00 - 480.00	300.00 - 340.00	300.00 - 340.00	320.00 - 360.00	240.00 - 280.00		
Dambulla	180.00 - 209.00	440.00 - 480.00	600.00 - 700.00	200.00 - 240.00	180.00 - 240.00	400.00 - 480.00	280.00 - 340.00	200.00 - 260.00	240.00 - 300.00	260.00 - 300.00		
Anuradhapura	200.00 - 240.00	480.00 - 520.00	-	240.00 - 300.00	160.00 - 200.00	500.00 - 560.00	280.00 - 320.00	400.00 - 440.00	-	320.00 - 360.00		
Thambuththegama	120.00 - 160.00	440.00 - 550.00	450.00 - 550.00	160.00 - 240.00	120.00 - 180.00	360.00 - 440.00	200.00 - 250.00	300.00 - 360.00	200.00 - 280.00	180.00 - 250.00		
Polonnaruwa	240.00 - 280.00	400.00 - 480.00	600.00 - 740.00	220.00 - 280.00	160.00 - 200.00	400.00 - 480.00	280.00 - 360.00	260.00 - 360.00	320.00 - 360.00	300.00 - 340.00		
Kaluthara	200.00 - 280.00	380.00 - 480.00	600.00 - 700.00	200.00 - 260.00	150.00 - 200.00	400.00 - 520.00	300.00 - 400.00	300.00 - 320.00	280.00 - 320.00	300.00 - 400.00		
Badulla	240.00 - 320.00	400.00 - 480.00	700.00 - 800.00	280.00 - 320.00	200.00 - 240.00	520.00 - 600.00	400.00 - 480.00	320.00 - 400.00	320.00 - 480.00	240.00 - 320.00		
Keppetipola	200.00 - 220.00	320.00 - 360.00	600.00 - 650.00	200.00 - 220.00	150.00 - 170.00	370.00 - 400.00	260.00 - 280.00	280.00 - 300.00	280.00 - 300.00	280.00 - 320.00		
Moneragala	240.00 - 300.00	360.00 - 400.00	600.00 - 720.00	240.00 - 260.00	200.00 - 240.00	480.00 - 520.00	300.00 - 320.00	240.00 - 260.00	320.00 - 360.00	300.00 - 320.00		
Kegalle	240.00 - 280.00	360.00 - 400.00	450.00 - 500.00	240.00 - 280.00	200.00 - 240.00	480.00 - 520.00	320.00 - 360.00	300.00 - 340.00	360.00 - 400.00	360.00 - 400.00		
Ampara	240.00 - 320.00	380.00 - 440.00	600.00 - 760.00	220.00 - 280.00	190.00 - 240.00	440.00 - 520.00	340.00 - 360.00	360.00 - 400.00	300.00 - 340.00	300.00 - 340.00		
Dehiattakandiya	200.00 - 240.00	320.00 - 400.00	300.00 - 400.00	200.00 - 240.00	150.00 - 200.00	400.00 - 400.00	200.00 - 300.00	200.00 - 200.00	260.00 - 300.00	200.00 - 260.00		
Nuwaraeliya	200.00 - 220.00	380.00 - 400.00	700.00 - 720.00	240.00 - 260.00	180.00 - 200.00	380.00 - 400.00	280.00 - 300.00	320.00 - 340.00	280.00 - 300.00	300.00 - 320.00		
Kandy	200.00 - 240.00	400.00 - 450.00	600.00 - 650.00	200.00 - 240.00	180.00 - 200.00	450.00 - 480.00	260.00 - 300.00	240.00 - 260.00	260.00 - 300.00	240.00 - 260.00		
Puttalam	200.00 - 280.00	480.00 - 520.00	560.00 - 720.00	250.00 - 300.00	200.00 - 240.00	480.00 - 600.00	360.00 - 400.00	400.00 - 480.00	320.00 - 400.00	350.00 - 400.00		
Rathnapura	180.00 - 240.00	400.00 - 480.00	450.00 - 550.00	200.00 - 240.00	120.00 - 160.00	400.00 - 500.00	300.00 - 360.00	300.00 - 400.00	300.00 - 380.00	300.00 - 360.00		
Hambantota	-	-	-	-	-	-	-	-	-	-		
Matara	-	-	-	-	-	-	-	-	-	-		
Galle	240.00 - 280.00	460.00 - 500.00	660.00 - 700.00	200.00 - 240.00	160.00 - 200.00	400.00 - 480.00	350.00 - 400.00	350.00 - 380.00	320.00 - 400.00	340.00 - 380.00		
Tissamaharama	170.00 - 200.00	360.00 - 380.00	470.00 - 500.00	200.00 - 230.00	140.00 - 150.00	370.00 - 400.00	260.00 - 280.00	-	260.00 - 280.00	200.00 - 220.00		
Meegoda (DEC)	240.00 - 320.00	480.00 - 560.00	560.00 - 600.00	240.00 - 280.00	160.00 - 200.00	440.00 - 480.00	400.00 - 480.00	-	360.00 - 440.00	360.00 - 440.00		
Embilipitiya	160.00 - 200.00	400.00 - 440.00	500.00 - 600.00	240.00 - 280.00	100.00 - 120.00	480.00 - 520.00	350.00 - 400.00	150.00 - 200.00	280.00 - 320.00	360.00 - 400.00		
Jaffna	-	-	-	-	-	-	-	-	-	-		
Vavuniya	200.00 - 250.00	300.00 - 340.00	400.00 - 450.00	220.00 - 250.00	150.00 - 170.00	400.00 - 500.00	200.00 - 250.00	250.00 - 300.00	-	-		
Mannar	300.00 - 350.00	580.00 - 600.00	600.00 - 650.00	180.00 - 200.00	200.00 - 225.00	650.00 - 700.00	350.00 - 360.00	-	-	300.00 - 350.00		
Killinochchi	-	-	-	-	-	-	-	-	-	-		
Mullaittivu	300.00 - 350.00	350.00 - 400.00	700.00 - 750.00	-	190.00 - 220.00	580.00 - 900.00	280.00 - 320.00	200.00 - 240.00	-	250.00 - 300.00		
Batticaloa	150.00 - 185.00	300.00 - 330.00	550.00 - 600.00	200.00 - 220.00	280.00 - 300.00	650.00 - 685.00	280.00 - 300.00	350.00 - 400.00	280.00 - 320.00	200.00 - 250.00		
Trincomalee	-	-	-	-	-	-	-	-	-	-		
Hanguranketha	150.00 - 160.00	350.00 - 380.00	500.00 - 520.00	160.00 - 180.00	160.00 - 175.00	330.00 - 360.00	240.00 - 250.00	210.00 - 225.00	240.00 - 250.00	200.00 - 220.00		
Veyangoda	200.00 - 240.00	480.00 - 520.00	480.00 - 560.00	240.00 - 280.00	140.00 - 200.00	400.00 - 480.00	320.00 - 360.00	240.00 - 280.00	320.00 - 400.00	200.00 - 260.00		
Galenbindunuwewa	180.00 - 200.00	400.00 - 420.00	600.00 - 600.00	220.00 - 240.00	140.00 - 160.00	440.00 - 480.00	240.00 - 280.00	240.00 - 260.00	280.00 - 300.00	300.00 - 320.00		
Bandarawela	160.00 - 180.00	380.00 - 420.00	560.00 - 600.00	160.00 - 200.00	160.00 - 180.00	350.00 - 400.00	280.00 - 320.00	340.00 - 400.00	280.00 - 320.00	260.00 - 300.00		
Matale	200.00 - 240.00	400.00 - 520.00	600.00 - 700.00	200.00 - 240.00	180.00 - 240.00	480.00 - 560.00	280.00 - 320.00	200.00 - 240.00	300.00 - 320.00	320.00 - 360.00		

Table 07 (Contd.)

LOCATIONS	Low Country Varieties					Leafy Vegetable			Coconut (Rs/nut)	
	Ash Plantain	Green Chillies	Lime	Sweet Potato	Manioc	Mukunuwenna	Kankun	Gotukola	Large	Small
Colombo	160.00 - 400.00	500.00 - 1000.00	400.00 - 800.00	200.00 - 400.00	160.00 - 260.00	150.00 - 250.00	150.00 - 250.00	300.00 - 450.00	170.00 - 190.00	145.00 - 160.00
Gampaha	240.00 - 280.00	700.00 - 840.00	600.00 - 700.00	260.00 - 300.00	-	150.00 - 210.00	150.00 - 210.00	150.00 - 210.00	140.00 - 150.00	100.00 - 130.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	200.00 - 240.00	600.00 - 900.00	600.00 - 700.00	240.00 - 300.00	160.00 - 200.00	360.00 - 420.00	360.00 - 420.00	240.00 - 320.00	130.00 - 140.00	100.00 - 130.00
Dambulla	200.00 - 240.00	900.00 - 1000.00	700.00 - 800.00	240.00 - 260.00	200.00 - 240.00	300.00 - 350.00	300.00 - 350.00	300.00 - 350.00	140.00 - 159.00	110.00 - 120.00
Anuradhapura	240.00 - 240.00	880.00 - 1000.00	680.00 - 720.00	280.00 - 300.00	240.00 - 240.00	200.00 - 240.00	200.00 - 240.00	200.00 - 240.00	160.00 - 180.00	120.00 - 150.00
Thambuththegama	150.00 - 240.00	580.00 - 700.00	440.00 - 550.00	180.00 - 250.00	180.00 - 250.00	-	-	-	-	100.00 - 120.00
Polonnaruwa	240.00 - 280.00	1000.00 - 1200.00	800.00 - 800.00	240.00 - 280.00	250.00 - 280.00	240.00 - 240.00	240.00 - 240.00	240.00 - 240.00	150.00 - 160.00	100.00 - 140.00
Kaluthara	200.00 - 240.00	800.00 - 800.00	500.00 - 600.00	240.00 - 320.00	180.00 - 200.00	240.00 - 240.00	240.00 - 300.00	300.00 - 360.00	150.00 - 170.00	100.00 - 130.00
Badulla	240.00 - 320.00	1000.00 - 1200.00	580.00 - 600.00	240.00 - 320.00	240.00 - 300.00	320.00 - 400.00	320.00 - 400.00	360.00 - 400.00	150.00 - 170.00	120.00 - 150.00
Keppetipola	200.00 - 220.00	600.00 - 700.00	500.00 - 520.00	220.00 - 230.00	160.00 - 180.00	210.00 - 240.00	210.00 - 240.00	240.00 - 300.00	145.00 - 160.00	125.00 - 140.00
Moneragala	120.00 - 160.00	600.00 - 800.00	420.00 - 480.00	240.00 - 280.00	160.00 - 180.00	150.00 - 180.00	150.00 - 180.00	320.00 - 340.00	130.00 - 150.00	90.00 - 100.00
Kegalle	240.00 - 280.00	760.00 - 800.00	640.00 - 680.00	280.00 - 300.00	180.00 - 200.00	240.00 - 240.00	240.00 - 240.00	250.00 - 250.00	170.00 - 180.00	130.00 - 140.00
Ampara	280.00 - 300.00	600.00 - 800.00	500.00 - 600.00	280.00 - 320.00	-	240.00 - 280.00	240.00 - 280.00	300.00 - 350.00	150.00 - 160.00	100.00 - 120.00
Dehiattakandiya	200.00 - 240.00	1000.00 - 1000.00	600.00 - 800.00	300.00 - 300.00	200.00 - 300.00	180.00 - 200.00	-	500.00 - 582.00	130.00 - 150.00	100.00 - 120.00
Nuwaraeliya	240.00 - 250.00	750.00 - 800.00	550.00 - 600.00	250.00 - 280.00	250.00 - 260.00	340.00 - 360.00	340.00 - 360.00	360.00 - 380.00	150.00 - 160.00	115.00 - 130.00
Kandy	160.00 - 200.00	750.00 - 800.00	550.00 - 600.00	240.00 - 260.00	240.00 - 250.00	240.00 - 280.00	240.00 - 280.00	360.00 - 400.00	150.00 - 160.00	120.00 - 130.00
Puttalam	180.00 - 240.00	600.00 - 700.00	350.00 - 400.00	280.00 - 320.00	240.00 - 250.00	280.00 - 360.00	-	350.00 - 400.00	160.00 - 180.00	140.00 - 150.00
Rathnapura	180.00 - 230.00	600.00 - 700.00	350.00 - 450.00	200.00 - 250.00	120.00 - 160.00	240.00 - 240.00	240.00 - 240.00	300.00 - 300.00	140.00 - 160.00	100.00 - 130.00
Hambanthota	-	-	-	-	-	-	-	-	-	-
Matara	-	-	-	-	-	-	-	-	-	-
Galle	200.00 - 240.00	1000.00 - 1200.00	460.00 - 500.00	240.00 - 260.00	200.00 - 240.00	300.00 - 300.00	280.00 - 280.00	400.00 - 400.00	-	100.00 - 130.00
Tissamaharama	160.00 - 180.00	550.00 - 600.00	380.00 - 400.00	200.00 - 220.00	170.00 - 180.00	160.00 - 180.00	160.00 - 180.00	350.00 - 400.00	150.00 - 170.00	120.00 - 130.00
Meegoda (DEC)	280.00 - 300.00	800.00 - 800.00	600.00 - 800.00	240.00 - 300.00	200.00 - 240.00	200.00 - 200.00	200.00 - 200.00	240.00 - 240.00	160.00 - 170.00	130.00 - 150.00
Embilipitiya	150.00 - 180.00	650.00 - 720.00	400.00 - 450.00	240.00 - 280.00	160.00 - 180.00	350.00 - 400.00	320.00 - 350.00	800.00 - 850.00	160.00 - 180.00	120.00 - 150.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	200.00 - 250.00	800.00 - 850.00	600.00 - 650.00	240.00 - 280.00	200.00 - 250.00	250.00 - 300.00	300.00 - 350.00	250.00 - 300.00	140.00 - 170.00	100.00 - 110.00
Mannar	180.00 - 200.00	750.00 - 800.00	650.00 - 700.00	200.00 - 240.00	180.00 - 200.00	280.00 - 300.00	320.00 - 340.00	280.00 - 420.00	145.00 - 150.00	95.00 - 100.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	140.00 - 160.00	750.00 - 800.00	550.00 - 600.00	280.00 - 320.00	190.00 - 220.00	280.00 - 280.00	240.00 - 240.00	200.00 - 200.00	140.00 - 150.00	90.00 - 100.00
Batticaloa	240.00 - 250.00	650.00 - 750.00	600.00 - 680.00	250.00 - 280.00	180.00 - 200.00	-	320.00 - 320.00	315.00 - 320.00	165.00 - 180.00	-
Trincomalee										
Hanguranketha	220.00 - 245.00	800.00 - 850.00	520.00 - 550.00	200.00 - 240.00	-	250.00 - 250.00	200.00 - 200.00	250.00 - 300.00	140.00 - 145.00	120.00 - 120.00
Veyangoda	240.00 - 280.00	600.00 - 800.00	520.00 - 560.00	240.00 - 280.00	200.00 - 260.00	150.00 - 160.00	120.00 - 150.00	280.00 - 300.00	140.00 - 150.00	-
Galenbindunuwewa	140.00 - 160.00	750.00 - 800.00	600.00 - 650.00	200.00 - 240.00	200.00 - 200.00	150.00 - 180.00	150.00 - 180.00	300.00 - 300.00	140.00 - 150.00	100.00 - 130.00
Bandarawela	160.00 - 200.00	600.00 - 700.00	500.00 - 550.00	200.00 - 220.00	180.00 - 200.00	210.00 - 240.00	210.00 - 240.00	320.00 - 400.00	170.00 - 180.00	140.00 - 150.00
Matale	200.00 - 240.00	900.00 - 1000.00	600.00 - 700.00	200.00 - 240.00	180.00 - 200.00	360.00 - 400.00	320.00 - 400.00	360.00 - 480.00	140.00 - 160.00	100.00 - 130.00

Table 08: Selected Markets: Retail Price of Fruits (Rs/kg)

Week 34: 21 - 27 Aug 2026

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LOCATIONS	Banana					Pineapple			Mango	
	Ambul (Rs/kg)	Kolikuttu (Rs/kg)	Seeni (Rs/kg)	Anamalu	Ambun	Pineapple	Medium	Small	Betti	Karthakolomban
Colombo	240.00 - 350.00	480.00 - 600.00	200.00 - 300.00	300.00 - 420.00	300.00 - 420.00	380.00 - 550.00	-	-	-	2000.00 - 2000.00
Gampaha	220.00 - 260.00	450.00 - 480.00	180.00 - 240.00	-	350.00 - 400.00	400.00 - 460.00	-	-	-	-
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	200.00 - 240.00	460.00 - 500.00	180.00 - 200.00	-	400.00 - 440.00	-	-	-	-	-
Dambulla	220.00 - 240.00	460.00 - 480.00	200.00 - 220.00	-	340.00 - 360.00	450.00 - 480.00	-	-	350.00 - 490.00	1000.00 - 1100.00
Anuradhapura	240.00 - 280.00	550.00 - 580.00	180.00 - 220.00	320.00 - 360.00	380.00 - 380.00	450.00 - 500.00	-	-	-	-
Thambuththegama	250.00 - 380.00	450.00 - 600.00	200.00 - 300.00	-	-	440.00 - 550.00	-	-	-	-
Polonnaruwa	250.00 - 300.00	550.00 - 600.00	180.00 - 200.00	450.00 - 500.00	400.00 - 500.00	550.00 - 650.00	-	-	-	-
Kaluthara	240.00 - 250.00	480.00 - 500.00	180.00 - 200.00	250.00 - 260.00	300.00 - 340.00	450.00 - 480.00	-	-	-	-
Badulla	280.00 - 300.00	400.00 - 580.00	200.00 - 220.00	250.00 - 300.00	350.00 - 380.00	500.00 - 550.00	-	-	-	-
Keppetipola	250.00 - 260.00	460.00 - 480.00	220.00 - 240.00	-	325.00 - 390.00	300.00 - 320.00	-	-	-	-
Moneragala	200.00 - 240.00	400.00 - 440.00	150.00 - 160.00	300.00 - 340.00	320.00 - 360.00	500.00 - 550.00	-	-	-	-
Kegalle	180.00 - 200.00	500.00 - 540.00	180.00 - 200.00	280.00 - 300.00	280.00 - 300.00	480.00 - 500.00	-	-	-	-
Ampara	200.00 - 220.00	450.00 - 460.00	140.00 - 150.00	-	-	400.00 - 450.00	-	-	-	-
Dehiattakandiya	250.00 - 270.00	550.00 - 560.00	180.00 - 200.00	-	350.00 - 360.00	480.00 - 550.00	-	-	-	-
Nuwareliya	260.00 - 280.00	460.00 - 500.00	230.00 - 250.00	240.00 - 260.00	300.00 - 330.00	350.00 - 380.00	-	-	-	-
Kandy	240.00 - 250.00	500.00 - 550.00	200.00 - 240.00	300.00 - 320.00	375.00 - 380.00	420.00 - 450.00	-	-	-	-
Puttalam	150.00 - 180.00	400.00 - 450.00	140.00 - 160.00	280.00 - 320.00	-	480.00 - 520.00	-	-	-	-
Rathnapura	200.00 - 240.00	400.00 - 500.00	150.00 - 180.00	270.00 - 320.00	350.00 - 360.00	420.00 - 490.00	-	-	-	-
Hambantota	-	-	-	-	-	-	-	-	-	-
Matara	-	-	-	-	-	-	-	-	-	-
Galle	160.00 - 200.00	400.00 - 480.00	200.00 - 220.00	360.00 - 380.00	360.00 - 380.00	-	-	-	-	-
Tissamaharama	200.00 - 220.00	460.00 - 480.00	170.00 - 190.00	-	-	440.00 - 460.00	-	-	-	-
Meegoda (DEC)	220.00 - 240.00	460.00 - 480.00	200.00 - 220.00	280.00 - 320.00	280.00 - 320.00	380.00 - 420.00	-	-	-	-
Embilipitiya	140.00 - 160.00	380.00 - 450.00	150.00 - 170.00	340.00 - 360.00	350.00 - 380.00	380.00 - 420.00	-	-	-	-
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	200.00 - 250.00	400.00 - 450.00	150.00 - 200.00	240.00 - 260.00	270.00 - 300.00	600.00 - 650.00	-	-	-	-
Mannar	180.00 - 200.00	380.00 - 400.00	150.00 - 160.00	240.00 - 250.00	-	580.00 - 600.00	-	-	-	-
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	180.00 - 200.00	350.00 - 380.00	150.00 - 160.00	250.00 - 270.00	280.00 - 300.00	560.00 - 600.00	-	-	-	-
Batticaloa	-	450.00 - 480.00	150.00 - 180.00	250.00 - 280.00	-	450.00 - 500.00	-	-	-	-
Trincomalee	-	-	-	-	-	-	-	-	-	-
Veyangoda	240.00 - 300.00	550.00 - 640.00	220.00 - 250.00	-	-	380.00 - 420.00	-	-	-	-
Galenbindunuwewa	200.00 - 220.00	400.00 - 450.00	180.00 - 200.00	220.00 - 250.00	-	550.00 - 600.00	-	-	-	-
Bandarawela	200.00 - 230.00	400.00 - 420.00	170.00 - 180.00	280.00 - 300.00	-	400.00 - 480.00	-	-	-	-
Matale	180.00 - 200.00	460.00 - 520.00	160.00 - 200.00	340.00 - 380.00	360.00 - 420.00	420.00 - 520.00	-	-	-	-

Table 08 (Contd.)

LOCATIONS	Mango		Other Fruits							
	Vilad	Kohu	Papaw	Passion	Wood Apple	Orange	Avocado	Slime Apple	Grapes	King Coconut(Rs/nut)
Colombo	-	-	220.00 - 350.00	600.00 - 850.00	450.00 - 800.00	420.00 - 700.00	500.00 - 800.00	400.00 - 800.00	1800.00 - 3000.00	200.00 - 300.00
Gampaha	-	-	220.00 - 280.00	-	380.00 - 440.00	-	450.00 - 500.00	-	2500.00 - 2600.00	200.00 - 220.00
Kurunegala	-	-	-	-	-	-	-	-	-	-
Nikaweratiya	-	-	200.00 - 220.00	-	-	550.00 - 600.00	450.00 - 500.00	-	2400.00 - 2500.00	180.00 - 200.00
Dambulla	400.00 - 450.00	280.00 - 300.00	200.00 - 240.00	500.00 - 600.00	400.00 - 450.00	400.00 - 450.00	300.00 - 350.00	260.00 - 309.00	2700.00 - 2800.00	230.00 - 250.00
Anuradhapura	-	-	200.00 - 240.00	650.00 - 700.00	450.00 - 500.00	-	440.00 - 500.00	450.00 - 500.00	2600.00 - 2700.00	250.00 - 300.00
Thambuththegama	-	-	150.00 - 220.00	400.00 - 500.00	200.00 - 250.00	-	300.00 - 400.00	-	-	220.00 - 250.00
Polonnaruwa	-	-	250.00 - 300.00	750.00 - 1000.00	400.00 - 450.00	-	600.00 - 750.00	-	2500.00 - 3000.00	250.00 - 250.00
Kaluthara	-	-	280.00 - 320.00	-	380.00 - 420.00	-	400.00 - 500.00	400.00 - 450.00	2500.00 - 2600.00	180.00 - 200.00
Badulla	700.00 - 800.00	-	200.00 - 250.00	400.00 - 450.00	450.00 - 550.00	400.00 - 450.00	-	300.00 - 350.00	-	250.00 - 300.00
Keppetipola	-	-	250.00 - 270.00	650.00 - 700.00	360.00 - 390.00	450.00 - 480.00	240.00 - 280.00	330.00 - 360.00	2500.00 - 3000.00	250.00 - 260.00
Moneragala	-	-	250.00 - 260.00	-	250.00 - 300.00	400.00 - 460.00	350.00 - 400.00	200.00 - 250.00	2900.00 - 3000.00	180.00 - 200.00
Kegalle	-	-	220.00 - 240.00	580.00 - 600.00	600.00 - 620.00	550.00 - 600.00	350.00 - 400.00	400.00 - 450.00	2600.00 - 2700.00	160.00 - 170.00
Ampara	-	-	200.00 - 230.00	600.00 - 650.00	-	-	400.00 - 450.00	-	2200.00 - 2300.00	200.00 - 230.00
Dehiattakandiya	-	-	340.00 - 360.00	-	550.00 - 600.00	-	350.00 - 450.00	300.00 - 300.00	3000.00 - 3000.00	150.00 - 180.00
Nuwaraeliya	-	240.00 - 260.00	270.00 - 280.00	650.00 - 750.00	350.00 - 360.00	580.00 - 600.00	260.00 - 300.00	340.00 - 350.00	2150.00 - 3120.00	260.00 - 280.00
Kandy	-	-	220.00 - 240.00	550.00 - 600.00	400.00 - 420.00	480.00 - 500.00	300.00 - 400.00	350.00 - 360.00	2500.00 - 2600.00	180.00 - 200.00
Puttalam	-	-	280.00 - 320.00	500.00 - 600.00	200.00 - 240.00	300.00 - 320.00	500.00 - 550.00	-	2800.00 - 3200.00	150.00 - 160.00
Hambantota	-	-	-	-	-	-	-	-	-	-
Rathnapura	-	-	200.00 - 250.00	-	350.00 - 450.00	350.00 - 400.00	300.00 - 360.00	350.00 - 500.00	2000.00 - 2600.00	150.00 - 200.00
Matara	-	-	-	-	-	-	-	-	-	-
Galle	-	-	240.00 - 280.00	800.00 - 900.00	460.00 - 500.00	-	450.00 - 500.00	400.00 - 500.00	-	-
Tissamaharama	-	-	260.00 - 270.00	-	340.00 - 360.00	-	-	380.00 - 400.00	2500.00 - 2600.00	190.00 - 210.00
Meegoda (DEC)	-	-	220.00 - 250.00	450.00 - 500.00	400.00 - 480.00	-	280.00 - 300.00	300.00 - 350.00	2500.00 - 2600.00	180.00 - 180.00
Embilipitiya	-	-	220.00 - 250.00	550.00 - 600.00	300.00 - 400.00	400.00 - 450.00	280.00 - 350.00	180.00 - 200.00	2450.00 - 3200.00	200.00 - 220.00
Jaffna	-	-	-	-	-	-	-	-	-	-
Vavuniya	-	-	120.00 - 150.00	-	-	-	-	-	2500.00 - 2600.00	250.00 - 300.00
Mannar	-	-	230.00 - 250.00	-	350.00 - 450.00	-	480.00 - 600.00	-	2600.00 - 2650.00	180.00 - 200.00
Killinochchi	-	-	-	-	-	-	-	-	-	-
Mullaittivu	-	-	100.00 - 130.00	-	-	-	-	-	2400.00 - 2500.00	250.00 - 280.00
Batticaloa	-	-	200.00 - 250.00	600.00 - 630.00	550.00 - 600.00	-	450.00 - 500.00	-	3000.00 - 3200.00	180.00 - 200.00
Trincomalee	-	-	-	-	-	-	-	-	-	-
Veyangoda	-	-	200.00 - 250.00	-	500.00 - 600.00	-	500.00 - 600.00	-	2500.00 - 3000.00	230.00 - 250.00
Galenbindunuwewa	-	-	200.00 - 230.00	400.00 - 450.00	400.00 - 450.00	450.00 - 500.00	450.00 - 500.00	200.00 - 260.00	2300.00 - 2500.00	200.00 - 250.00
Bandarawela	-	-	200.00 - 220.00	550.00 - 650.00	500.00 - 600.00	-	400.00 - 450.00	350.00 - 400.00	2800.00 - 3000.00	200.00 - 220.00
Matale	-	300.00 - 360.00	180.00 - 220.00	350.00 - 450.00	600.00 - 700.00	400.00 - 500.00	360.00 - 450.00	-	2500.00 - 2600.00	150.00 - 180.00

Table 09: Selected Markets: Wholesale Price of Fresh Fish & Eggs (Rs/kg & Rs/egg)

Week 34: 21 - 27 Aug 2026

Locations	Sea Fish					
	Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw
Colombo	500.00 – 600.00	900.00 – 1300.00	1000.00 – 1300.00	1800.00 – 2000.00	3000.00 – 3500.00	1300.00 – 1600.00
Kandy	650.00 – 700.00	1100.00 – 1150.00	950.00 – 1300.00	2000.00 – 2200.00	2800.00 – 2900.00	1600.00 – 1700.00
Kaluthara	700.00 – 750.00	–	850.00 – 950.00	1600.00 – 1650.00	–	–
Puttalam	700.00 – 800.00	1050.00 – 1200.00	1100.00 – 1200.00	1400.00 – 1550.00	–	1600.00 – 1700.00
Matara	–	–	–	–	–	–
Hambantota	–	–	–	–	–	–
Galle	600.00 – 700.00	1100.00 – 1150.00	1300.00 – 1400.00	1600.00 – 1700.00	–	1700.00 – 1800.00
Batticaloa	600.00 – 650.00	800.00 – 1000.00	1200.00 – 1300.00	1500.00 – 1650.00	–	1500.00 – 1650.00
Trincomalee	–	–	–	–	–	–
Mannar	650.00 – 700.00	1000.00 – 1200.00	1200.00 – 1300.00	1900.00 – 2000.00	–	1450.00 – 1500.00

Locations	Sea Fish				Eggs	
	Mora	Shrimps	Thalapath	Teppeli	Brown	White
Colombo	1200.00 – 1500.00	1800.00 – 2400.00	2200.00 – 2700.00	–	39.00 – 43.00	37.50 – 40.00
Kandy	1500.00 – 1600.00	2000.00 – 2100.00	2700.00 – 2800.00	–	39.00 – 41.00	38.00 – 40.00
Kaluthara	1100.00 – 1200.00	2100.00 – 2200.00	1800.00 – 2000.00	–	–	–
Puttalam	1850.00 – 2000.00	1350.00 – 1500.00	–	–	41.00 – 42.00	37.00 – 38.00
Matara	–	–	–	–	–	–
Hambantota	–	–	–	–	–	–
Galle	–	–	2300.00 – 2400.00	–	40.00 – 40.00	38.00 – 39.00
Batticaloa	900.00 – 1000.00	1500.00 – 1650.00	2100.00 – 2250.00	–	45.00 – 46.00	43.00 – 44.00
Trincomalee	–	–	–	–	–	–
Mannar	–	1400.00 – 1450.00	–	–	40.00 – 41.00	38.00 – 39.00

Table 10: Selected Markets: Wholesale Price of Dried Fish (Rs/kg)

Week 34: 21 - 27 Aug 2026

Locations	Local Dried Fish					
	Sprats	Kattawa	Thora	Mora	Balaya	Anguluwa
Colombo	1600.00 – 1800.00	2400.00 – 2500.00	–	2200.00 – 2500.00	1700.00 – 2000.00	2000.00 – 2250.00
Kandy	1700.00 – 1750.00	–	–	2700.00 – 2750.00	1600.00 – 1650.00	–
Batticaloa	–	2000.00 – 2200.00	–	–	1700.00 – 1800.00	–
Trincomalee	–	–	–	–	–	–
Mannar	1100.00 – 1200.00	2400.00 – 2500.00	–	2000.00 – 2100.00	1100.00 – 1150.00	950.00 – 1000.00

Locations	Local Dried Fish			Imported Dried Fish		
	Maduwa	Koduwa	Salaya	Sprats	Kattawa	Thora
Colombo	1650.00 – 1700.00	1800 – 2100	800.00 – 950.00	1150.00 – 1300.00	1700.00 – 2000.00	–
Kandy	–	–	1000.00 – 1050.00	1300.00 – 1550.00	2200.00 – 2250.00	–
Batticaloa	–	–	800.00 – 900.00	1300.00 – 1350.00	–	–
Trincomalee	–	–	–	–	–	–
Mannar	900.00 – 950.00	–	–	–	–	–

Locations	Imported Dried Fish					
	Mora	Balaya	Anguluwa	Maduwa	Koduwa	Salaya
Colombo	2400.00 – 2700.00	1800 – 2000	1800.00 – 2000.00	–	1800 – 2100	–
Kandy	–	–	–	–	–	–
Batticaloa	–	–	–	–	–	–
Trincomalee	–	–	–	–	–	–
Mannar	–	–	–	–	–	–

Table 11: Selected Markets: Retail Price of Fresh Fish & Eggs (Rs/kg & Rs/eggs)

Week 34: 21 - 27 Aug 2026

21	LOCATIONS	Sea Fish								Eggs	
		Salaya	Hurulla	Balaya	Kelawalla	Thora	Paraw	Mora	Thalapath	Brown	White
	Colombo	600.00 - 1200.00	1000.00 - 1680.00	1500.00 - 2200.00	2000.00 - 3600.00	3800.00 - 5200.00	1600.00 - 3000.00	1600.00 - 2800.00	2340.00 - 3600.00	41.00 - 47.00	39.00 - 45.00
	Gampaha	800.00 - 900.00	1200.00 - 1300.00	-	2700.00 - 2800.00	-	-	-	2800.00 - 3000.00	43.00 - 45.00	40.00 - 44.00
	Kurunegala	-	-	-	-	-	-	-	-	-	-
	Nikaweratiya	900.00 - 1000.00	1200.00 - 1300.00	1300.00 - 1400.00	2600.00 - 2800.00	2800.00 - 3000.00	-	-	2800.00 - 3000.00	38.00 - 44.00	36.00 - 40.00
	Dambulla	800.00 - 900.00	1300.00 - 1400.00	1300.00 - 1380.00	3000.00 - 3200.00	3200.00 - 3400.00	2000.00 - 2600.00	2500.00 - 2600.00	3200.00 - 3300.00	41.00 - 43.00	40.00 - 41.00
	Anuradhapura	960.00 - 1000.00	1400.00 - 1480.00	2500.00 - 2700.00	2640.00 - 2680.00	3200.00 - 3300.00	1780.00 - 2000.00	1780.00 - 1780.00	2960.00 - 3000.00	-	39.00 - 41.00
	Thambuththegama	-	-	-	-	-	-	-	-	40.00 - 42.00	40.00 - 42.00
	Polonnaruwa	800.00 - 800.00	1400.00 - 1400.00	2000.00 - 2000.00	2800.00 - 2800.00	3000.00 - 3000.00	1800.00 - 1800.00	2000.00 - 2000.00	2800.00 - 2800.00	42.00 - 43.00	40.00 - 41.00
	Kaluthara	1000.00 - 1000.00	-	1800.00 - 2200.00	2800.00 - 3000.00	-	-	1800.00 - 2000.00	2800.00 - 3000.00	40.00 - 40.00	38.00 - 42.00
	Badulla	700.00 - 800.00	1300.00 - 1400.00	-	-	-	-	-	2800.00 - 3000.00	40.00 - 45.00	40.00 - 45.00
	Keppetipola	700.00 - 750.00	1400.00 - 1450.00	1400.00 - 1450.00	2800.00 - 2900.00	-	1700.00 - 1800.00	1800.00 - 1900.00	2800.00 - 2900.00	44.00 - 46.00	42.00 - 43.00
	Moneragala	800.00 - 1000.00	1200.00 - 1300.00	-	3000.00 - 3200.00	3000.00 - 3200.00	1600.00 - 1700.00	-	3000.00 - 3200.00	44.00 - 45.00	41.00 - 43.00
	Kegalle	1000.00 - 1100.00	1500.00 - 1550.00	2200.00 - 2200.00	2550.00 - 2600.00	-	2300.00 - 2300.00	2400.00 - 2400.00	3600.00 - 3600.00	46.00 - 48.00	42.00 - 44.00
	Ampara	800.00 - 900.00	1400.00 - 1400.00	2400.00 - 2500.00	3400.00 - 3600.00	-	-	-	3200.00 - 3200.00	-	38.00 - 43.00
	Dehiattakandiya	-	1500.00 - 1500.00	1800.00 - 1800.00	2400.00 - 2600.00	-	-	1900.00 - 1900.00	2600.00 - 2600.00	40.00 - 43.00	38.00 - 42.00
	Nuwareliya	750.00 - 780.00	1450.00 - 1480.00	1450.00 - 1480.00	2900.00 - 3000.00	-	1800.00 - 1900.00	1900.00 - 2000.00	2800.00 - 3000.00	45.00 - 46.00	42.00 - 44.00
	Kandy	800.00 - 900.00	1300.00 - 1350.00	1400.00 - 1600.00	2800.00 - 3000.00	3500.00 - 3600.00	1900.00 - 1950.00	1700.00 - 1800.00	3000.00 - 3200.00	44.00 - 45.00	42.00 - 43.00
	Puttalam	900.00 - 1000.00	1250.00 - 1350.00	1400.00 - 1500.00	2000.00 - 2300.00	-	-	2400.00 - 2500.00	-	43.00 - 45.00	40.00 - 41.00
	Hambantota	-	-	-	-	-	-	-	-	-	-
	Rathnapura	900.00 - 1000.00	1400.00 - 1400.00	1700.00 - 1800.00	3000.00 - 3200.00	4720.00 - 4800.00	3000.00 - 3200.00	1800.00 - 2000.00	3000.00 - 3200.00	42.00 - 43.00	40.00 - 41.00
	Matara	-	-	-	-	-	-	-	-	-	-
	Galle	800.00 - 1000.00	1300.00 - 1450.00	1500.00 - 1600.00	2600.00 - 3000.00	3000.00 - 3400.00	2700.00 - 2900.00	2400.00 - 2800.00	2700.00 - 3000.00	42.00 - 44.00	40.00 - 41.00
	Tissamaharama	800.00 - 900.00	1000.00 - 1100.00	-	-	-	-	-	-	-	42.00 - 44.00
	Meegoda	750.00 - 880.00	-	-	3000.00 - 3200.00	-	-	-	-	-	40.00 - 43.00
	Embilipitiya	850.00 - 900.00	1150.00 - 1200.00	1800.00 - 1850.00	3000.00 - 3200.00	-	-	-	3300.00 - 3400.00	38.00 - 40.00	37.00 - 39.00
	Jaffna	-	-	-	-	-	-	-	-	-	-
	Vavuniya	1200.00 - 1300.00	1600.00 - 1700.00	1600.00 - 1700.00	2800.00 - 2900.00	3200.00 - 3300.00	2400.00 - 2500.00	3200.00 - 3300.00	3200.00 - 3300.00	45.00 - 48.00	44.00 - 46.00
	Mannar	850.00 - 900.00	1350.00 - 1450.00	1450.00 - 1500.00	2800.00 - 3250.00	-	1800.00 - 2200.00	-	-	43.00 - 44.00	40.00 - 41.00
	Killinochchi	-	-	-	-	-	-	-	-	-	-
	Mullaittivu	-	1200.00 - 1300.00	-	1800.00 - 2000.00	-	1450.00 - 1600.00	2500.00 - 2650.00	1950.00 - 2150.00	47.00 - 48.00	45.00 - 46.00
	Batticaloa	700.00 - 850.00	1400.00 - 1500.00	2300.00 - 2450.00	2800.00 - 3100.00	3300.00 - 3400.00	2400.00 - 2650.00	1500.00 - 1600.00	3200.00 - 3400.00	48.00 - 49.00	46.00 - 47.00
	Trincomalee	-	-	-	-	-	-	-	-	-	-
	Veyangoda	700.00 - 800.00	900.00 - 1000.00	-	2800.00 - 3200.00	4300.00 - 4400.00	-	-	3000.00 - 3400.00	44.00 - 45.00	41.00 - 43.00
	Galenbindunuwewa	800.00 - 800.00	1200.00 - 1250.00	2500.00 - 2650.00	3000.00 - 3200.00	3500.00 - 3550.00	3000.00 - 3200.00	-	3500.00 - 3550.00	43.00 - 43.00	42.00 - 42.00
	Bandarawela	950.00 - 950.00	1400.00 - 1450.00	-	2900.00 - 3000.00	-	-	-	3100.00 - 3200.00	44.00 - 45.00	42.00 - 43.00
	Matale	750.00 - 800.00	1400.00 - 1500.00	-	3100.00 - 3200.00	3400.00 - 3500.00	1800.00 - 2000.00	2200.00 - 2400.00	3000.00 - 3300.00	46.00 - 48.00	44.00 - 45.00

Table 12: Selected Markets: Retail Price of Dried Fish (Rs/kg)

Week 34: 21 - 27 Aug 2026

LOCATIONS		Dried Fish												
		Sprats-Imported		Kattawa		Thora		Mora		Balaya		Anguluwa		Salaya
Colombo	1600.00 – 2200.00		2800.00 – 4300.00		3800.00 – 4500.00		2800.00 – 3700.00		1800.00 – 2800.00		2600.00 – 3600.00		1200.00 – 1600.00	
Gampaha	2000.00 – 2200.00		2800.00 – 2900.00		3500.00 – 3600.00		3000.00 – 3200.00		2200.00 – 2400.00		2700.00 – 2800.00		1200.00 – 1400.00	
Kurunegala	-		-		-		-		-		-		-	
Nikaweratiya	1600.00 – 1700.00		2800.00 – 3000.00		-		3000.00 – 3200.00		2000.00 – 2200.00		3000.00 – 3200.00		1000.00 – 1100.00	
Dambulla	-		2900.00 – 3000.00		-		3000.00 – 3200.00		1900.00 – 2000.00		2200.00 – 2400.00		1000.00 – 1100.00	
Anuradhapura	1950.00 – 2000.00		-		-		-		-		-		-	
Thambuththegama	-		2500.00 – 2800.00		-		2800.00 – 3000.00		1800.00 – 2200.00		-		1100.00 – 1200.00	
Polonnaruwa	-		-		-		-		-		-		-	
Kaluthara	-		-		-		2800.00 – 3200.00		1600.00 – 2000.00		2800.00 – 3200.00		-	
Badulla	-		-		-		-		-		-		-	
Keppetipola	-		-		-		-		-		-		-	
Moneragala	-		-		-		-		-		-		-	
Kegalle	-		2600.00 – 2650.00		3750.00 – 3800.00		-		2650.00 – 2700.00		-		1400.00 – 1450.00	
Ampara	1800.00 – 2000.00		2800.00 – 3000.00		3000.00 – 3200.00		3000.00 – 3200.00		2000.00 – 2400.00		1500.00 – 1700.00		-	
Dehiattakandiya	-		-		-		2400.00 – 2400.00		1800.00 – 2200.00		2000.00 – 2200.00		-	
Nuwaraeliya	-		-		-		-		-		-		-	
Kandy	-		-		-		3100.00 – 3200.00		2300.00 – 2400.00		2500.00 – 2600.00		1350.00 – 1400.00	
Puttalam	2000.00 – 2200.00		2500.00 – 2700.00		-		3000.00 – 3200.00		1700.00 – 1800.00		1400.00 – 1600.00		1100.00 – 1200.00	
Hambantota	-		-		-		-		-		-		-	
Rathnapura	2000.00 – 2000.00		2800.00 – 3200.00		-		2920.00 – 3200.00		2000.00 – 2320.00		2900.00 – 3000.00		1100.00 – 1200.00	
Matara	-		-		-		-		-		-		-	
Galle	-		2700.00 – 3000.00		-		2500.00 – 2800.00		1800.00 – 2200.00		2800.00 – 3000.00		1300.00 – 1450.00	
Tissamaharama	-		-		-		-		-		-		-	
Meegoda	-		-		-		2900.00 – 3000.00		2000.00 – 2200.00		-		1000.00 – 1000.00	
Embilipitiya	-		2600.00 – 2700.00		-		-		2300.00 – 2400.00		-		1300.00 – 1400.00	
Jaffna	-		-		-		-		-		-		-	
Vavuniya	1600.00 – 1700.00		2700.00 – 2800.00		2800.00 – 2900.00		2800.00 – 2900.00		1600.00 – 1700.00		1600.00 – 1700.00		-	
Mannar	1350.00 – 1400.00		2750.00 – 2800.00		-		2500.00 – 2600.00		1340.00 – 1400.00		-		-	
Killinochchi	-		-		-		-		-		-		-	
Mullaittivu	1500.00 – 1600.00		2600.00 – 2750.00		2850.00 – 3000.00		2750.00 – 2800.00		1200.00 – 1300.00		-		1200.00 – 1300.00	
Batticaloa	1500.00 – 1600.00		2300.00 – 2500.00		-		-		2000.00 – 2300.00		-		1000.00 – 1200.00	
Trincomalee	-		-		-		-		-		-		-	
Veyangoda	-		-		-		-		-		-		-	
Galenbindunuwewa	2000.00 – 2000.00		3450.00 – 3550.00		3450.00 – 3550.00		3400.00 – 3550.00		2450.00 – 2600.00		3150.00 – 3250.00		1000.00 – 1100.00	
Bandarawela	-		-		-		-		-		-		-	
Matale	-		-		-		3000.00 – 3200.00		1800.00 – 2000.00		-		1000.00 – 1100.00	

Table 13: Selected Markets: Retail Price of Meat (Rs/kg)

Week 34: 21 - 27 Aug 2026

LOCATIONS	Meat	Meat (Chicken)		Meat	
	Beef	Broiler	Curry	Mutton	Pork
Colombo	3000.00 - 3400.00	1300.00 - 1490.00	1200.00 - 1500.00	4400.00 - 5000.00	2700.00 - 2700.00
Gampaha	-	1250.00 - 1380.00	1300.00 - 1400.00	4300.00 - 4300.00	2600.00 - 2600.00
Kurunegala	-	-	-	-	-
Nikaweratiya	2600.00 - 2800.00	1350.00 - 11380.00	-	-	-
Dambulla	-	1300.00 - 1350.00	1450.00 - 1480.00	-	2700.00 - 2800.00
Anuradhapura	2400.00 - 2480.00	1300.00 - 1350.00	-	-	2600.00 - 2700.00
Thambuththegama	-	1250.00 - 1350.00	-	-	2600.00 - 3000.00
Polonnaruwa	260.00 - 2700.00	1400.00 - 1420.00	1500.00 - 1500.00	4000.00 - 4000.00	2500.00 - 2500.00
Kaluthara	3000.00 - 3000.00	1300.00 - 1350.00	1300.00 - 1400.00	-	2600.00 - 2600.00
Badulla	2600.00 - 2700.00	1450.00 - 1550.00	-	3700.00 - 3700.00	-
Keppetipola	2400.00 - 2400.00	1450.00 - 1460.00	1550.00 - 1560.00	3600.00 - 3600.00	-
Moneragala	2800.00 - 2800.00	1350.00 - 1450.00	1650.00 - 1700.00	-	2900.00 - 3200.00
Kegalle	2800.00 - 3000.00	1400.00 - 1450.00	1350.00 - 1380.00	3800.00 - 4000.00	2950.00 - 3000.00
Ampara	2400.00 - 2600.00	1400.00 - 1480.00	-	-	2900.00 - 3200.00
Dehiattakandiya	-	1250.00 - 1380.00	-	-	2500.00 - 3050.00
Nuwaraeliya	3600.00 - 3800.00	1420.00 - 1480.00	1550.00 - 1580.00	3800.00 - 3900.00	3000.00 - 3100.00
Kandy	-	-	-	-	-
Puttalam	2600.00 - 2700.00	1400.00 - 1450.00	1700.00 - 1800.00	4500.00 - 4500.00	-
Hambantota	-	-	-	-	-
Rathnapura	3000.00 - 3000.00	1440.00 - 1470.00	1300.00 - 1360.00	4200.00 - 4200.00	2700.00 - 2700.00
Matara	-	-	-	-	-
Galle	2800.00 - 2900.00	1400.00 - 1400.00	1350.00 - 1350.00	4900.00 - 5100.00	2800.00 - 2900.00
Tissamaharama	-	1400.00 - 1450.00	-	-	-
Meegoda	-	1390.00 - 1400.00	1400.00 - 1400.00	-	3000.00 - 3000.00
Embilipitiya	2550.00 - 2600.00	1190.00 - 1280.00	1280.00 - 1320.00	-	2650.00 - 3100.00
Jaffna	-	-	-	-	-
Vavuniya	2400.00 - 2500.00	1400.00 - 1500.00	1600.00 - 1700.00	4200.00 - 4300.00	-
Mannar	2250.00 - 2300.00	1550.00 - 1600.00	1600.00 - 1650.00	-	-
Killinochchi	-	-	-	-	-
Mullaittivu	2300.00 - 2300.00	1500.00 - 1550.00	1600.00 - 1650.00	-	-
Batticaloa	2300.00 - 2500.00	1400.00 - 1500.00	1600.00 - 1700.00	4000.00 - 4000.00	-
Trincomalee	-	-	-	-	-
Veyangoda	2800.00 - 3000.00	-	1200.00 - 1300.00	4400.00 - 4400.00	2500.00 - 2600.00
Galenbindunuwewa	2600.00 - 2600.00	1240.00 - 1240.00	1450.00 - 1450.00	4500.00 - 4500.00	2800.00 - 2800.00
Bandarawela	2550.00 - 2600.00	1250.00 - 1350.00	-	4200.00 - 4200.00	-
Matale	2600.00 - 2800.00	1260.00 - 1320.00	-	4400.00 - 4500.00	2800.00 - 2900.00

Table 14: Colombo: Wholesale Prices (Rs/kg or Rs/each)

Week 34: 21 - 27 Aug 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week (%)	Last Year (%)			This Week	Last Week	Last Year	Last Week (%)	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	160.00 · 170.00	165.00	164.29	185.00	0.43	-10.81
Samba 1	225.00 · 230.00	227.86	228.57	228.13	-0.31	-0.12	Small	140.00 · 150.00	146.25	146.67	159.38	-0.28	-8.24
Samba 2	220.00 · 222.00	220.80	220.80	221.00	0.00	-0.09							
Keeri Samba	250.00 · 310.00	273.33	274.17	278.75	-0.30	-1.94	<u>Fruits (Rs/kg)</u>						
Nadu 1	195.00 · 200.00	198.13	196.88	202.78	0.63	-2.29	Plantain						
Nadu 2	190.00 · 192.00	190.80	190.80	191.25	0.00	-0.24	Ambul	180.00 · 250.00	213.33	196.67	100.00	8.47	113.33
Raw (Red)	160.00 · 170.00	166.25	165.00	185.45	0.76	-10.36	Kolikuttu	390.00 · 450.00	422.50	405.83	235.00	4.11	79.79
Raw (White)	170.00 · 190.00	179.29	182.50	189.00	-1.76	-5.14	Seeni	140.00 · 180.00	165.00	164.17	89.00	0.51	85.39
Imported							Anamalu	240.00 · 300.00	260.00	234.17	224.00	11.03	16.07
Samba	220.00 · 225.00	222.50	222.50		0.00		Ambun	240.00 · 300.00	262.73	236.67	232.80	11.01	12.86
Nadu	-						Papaw	160.00 · 230.00	181.11	196.36	100.00	-7.77	81.11
Raw (Red)	-						Passion Fruit	400.00 · 500.00	427.78	430.00	431.30	-0.52	-0.82
Raw (White)	-						Pineapple	250.00 · 350.00	302.50	276.25	247.50	9.50	22.22
<u>Dried Chillies</u>							Pineapple Medium						
Imported	1050.00 · 1200.00	1116.67	1116.67	620.00	0.00	80.11	Pineapple Small						
<u>Onion</u>							Mango						
Sinnan	-			174.00			Betti						
Vedalan	250.00 · 300.00	278.00	276.67	240.00	0.48	15.83	Karthakolomban	1500.00 · 1800.00	1633.33	1466.67	1147.50	11.36	42.34
Imported	-			222.50			Vilad	800.00 · 1200.00	1000.00	900.00	558.33	11.11	79.10
<u>Biq Onion</u>							Kohu						
Imported	260.00 · 300.00	272.86	213.33	118.75	27.90	129.77	<u>Other</u>						
Local	-						Wood Apple	200.00 · 300.00	250.91	270.91	248.75	-7.38	0.87
<u>Potato</u>							Orange	250.00 · 400.00	309.09	340.00	230.00	-9.09	34.39
Welimada	-						Avocado	250.00 · 400.00	337.50	345.45	281.25	-2.30	20.00
N'Eliya	290.00 · 310.00	297.50	315.00	272.00	-5.56	9.38	Slime Apple	200.00 · 300.00	250.00	300.00	435.00	-16.67	-42.53
Imported	160.00 · 250.00	195.00	182.50	161.88	6.85	20.46	Grapes Imp.,	1350.00 · 2100.00	1738.33	1452.86	1475.00	19.65	17.85
<u>Pulses</u>							King Coconut	180.00 · 230.00	203.33	198.00	135.00	2.69	50.62
Green Gram	700.00 · 750.00	725.00	706.00	812.00	2.69	-10.71	<u>Sea Fish</u>						
Cowpea (White)	620.00 · 700.00	662.50	675.00	1000.00	-1.85	-33.75	Salaya	500.00 · 600.00	572.22	725.00	310.00	-21.07	84.59
Cowpea (Red)	620.00 · 700.00	662.50	675.00		-1.85		Hurulla	900.00 · 1300.00	1122.22	1066.67	1060.00	5.21	5.87
Red Dhal	225.00 · 240.00	232.86	229.38	242.50	1.52	-3.98	Balaya	1000.00 · 1300.00	1118.18	1066.67	970.00	4.83	15.28
<u>Vegetable</u>							Kelawalla	1800.00 · 2000.00	1862.50	1820.00	1360.00	2.34	36.95
Beans (Butter)	-						Thora	3000.00 · 3500.00	3300.00	3244.44	3260.00	1.71	1.23
Beans (Green)	350.00 · 450.00	400.00	450.00	393.00	-11.11	1.78	Paraw	1300.00 · 1600.00	1445.45	1610.00	1060.00	-10.22	36.36
Carrot	160.00 · 200.00	182.00	180.00	266.00	1.11	-31.58	Mora	1200.00 · 1500.00	1387.50	1412.50	1100.00	-1.77	26.14
Leeks	140.00 · 200.00	163.00	176.00	112.00	-7.39	45.54	Shrimps	1800.00 · 2400.00	2128.57	2033.33	1710.00	4.68	24.48
Beetroot	220.00 · 250.00	234.00	194.00	72.14	20.62	224.36	Thalapath	2200.00 · 2700.00	2433.33	2495.00	1830.00	-2.47	32.97
Knolkhol	100.00 · 130.00	114.00	106.00	80.77	7.55	41.14	<u>Eggs</u>						
Raddish	50.00 · 100.00	77.27	75.00	73.64	3.03	4.94	Brown	39.00 · 43.00	40.75	41.20	32.00	-1.09	27.34
Cabbage	120.00 · 200.00	161.67	110.77	143.85	45.95	12.39	White	37.50 · 40.00	38.69	39.00	28.33	-0.80	36.54
Tomato	250.00 · 300.00	278.00	375.00	158.18	-25.87	75.75	<u>Dried Fish</u>						
Ladies Fingers	80.00 · 120.00	102.00	116.00	118.00	-12.07	-13.56	Sprats	1600.00 · 1800.00	1680.00	1644.44	1745.00	2.16	-3.72
Brinjal	250.00 · 400.00	325.00	275.00	315.00	18.18	3.17	Sprats (Imported)	1150.00 · 1300.00	1236.36	1290.00	1040.00	-4.16	18.88
Capsicum	250.00 · 400.00	330.00	463.64	283.33	-28.82	16.47	Kattawa	2400.00 · 2500.00	2475.00	2277.78		8.66	
Pumpkin	130.00 · 150.00	141.00	161.00	50.83	-12.42	177.38	Kattawa (Imported)	1700.00 · 2000.00	1840.00	1938.89	1300.00	-5.10	41.54
Cucumber	60.00 · 100.00	74.55	88.00	57.00	-15.29	30.78	Thora			2411.11	2445.00		
Bitter Gourd	280.00 · 350.00	315.00	313.00	236.36	0.64	33.27	Thora (Imported)			2341.67			
Snake Gourd	180.00 · 300.00	240.00	272.00	159.09	-11.76	50.86	Mora	2200.00 · 2500.00	2380.00	2411.11	2445.00	-1.29	-2.66
Drumstick	80.00 · 160.00	112.50	144.55	224.55	-22.17	-49.90	Mora (Imported)	2400.00 · 2700.00	2542.86	1927.78	1795.00	31.91	41.66
Luffa	80.00 · 130.00	107.27	139.09	156.00	-22.88	-31.24	Balaya	1700.00 · 2000.00	1781.82	1792.22	1405.56	-0.58	26.77
Long Beans	80.00 · 180.00	124.17	193.64	192.31	-35.88	-35.43	Balaya (Imported)	1800.00 · 2000.00	1916.67				
Ash Plantain	130.00 · 150.00	142.00	140.00	52.73	1.43	169.31	Anguluwa	2000.00 · 2250.00	2150.00	1693.75	1088.89	26.94	97.45
Green Chillies	200.00 · 550.00	375.00	550.00	90.00	-31.82	316.67	Anguluwa (Imported)	1800.00 · 2000.00	1885.71	1927.78	1795.00	-2.18	5.05
Lime	250.00 · 400.00	328.00	300.00	309.00	9.33	6.15	Maduwa	1650.00 · 1700.00	1683.33	1693.75	1088.89	-0.62	54.59
<u>Root Crops</u>							Maduwa (Imported)						
Sweet Potato	120.00 · 150.00	139.00	136.00	132.00	2.21	5.30	Koduwa	1800.00 · 2100.00	1980.00	912.50	480.00	116.99	312.50
Manioc	100.00 · 130.00	116.00	117.00	85.00	-0.85	36.47	Koduwa (Imported)	1800.00 · 2100.00	1966.67				
<u>Leafy Vegetable</u>							Salaya	800.00 · 950.00	837.50	912.50	480.00	-8.22	74.48
Mukunuwenna	110.00 · 120.00	114.29	124.00	127.50	-7.83	-10.36	Salaya (Imported)						
Kankun	110.00 · 120.00	115.00	124.00	127.50	-7.26	-9.80							
Gotukola	250.00 · 280.00	265.56	260.00	310.00	2.14	-14.34							

This Week: Week 34: 21 - 27 Aug 2026

Last Week: Week 33: 14 - 20 Aug 2026

Table 15: Colombo &Suburbs: Retail Prices (Rs/kg or Rs/piece)

Week 34: 21 - 27 Aug 2026

COMMODITY	Range	Average Price			Change Compared to		COMMODITY	Range	Average Price			Change Compared to	
		This Week	Last Week	Last Year	Last Week	Last Year (%)			This Week	Last Week	Last Year	Last Week	Last Year (%)
<u>Rice</u>							<u>Coconut</u>						
Local							Large	170.00 · 190.00	180.19	180.67	205.88	-0.47	-12.48
Samba 1	240.00 · 260.00	245.24	246.82	243.81	-1.58	0.59	Small	145.00 · 160.00	153.42	153.33	183.57	0.09	-16.42
Samba 2													
Keeri Samba	260.00 · 365.00	283.18	295.83	281.76	-12.65	0.50	<u>Fruits (Rs/fruit)</u>						
Nadu 1	220.00 · 230.00	226.96	225.83	231.67	1.12	-2.03	Plantain						
Nadu 2							Ambul (Rs/kg)	240.00 · 350.00	280.71	266.36	176.15	14.35	59.36
Raw (Red)	180.00 · 220.00	205.22	204.58	216.60	0.63	-5.26	Kolikuttu (Rs/kg)	480.00 · 600.00	526.72	495.65	315.38	31.07	67.01
Raw (White)	190.00 · 220.00	206.96	208.75	215.96	-1.79	-4.17	Seeni (Rs/kg)	200.00 · 300.00	250.00	244.58	172.69	5.42	44.77
Imported							Anamalu	300.00 · 420.00	367.73	355.83	339.38	11.89	8.35
Samba	230.00 · 260.00	247.00	243.89		3.11		Ambun	300.00 · 420.00	369.09	362.08	355.20	7.01	3.91
Nadu							Papaw(Rs/kg)	220.00 · 350.00	271.94	288.10	194.00	-16.16	40.17
Raw (Red)							Passion Fruit	600.00 · 850.00	758.64	761.67	670.70	-3.03	13.11
Raw (White)							Pineapple Large	380.00 · 550.00	475.36	447.08	355.45	28.27	33.73
<u>Dried Chillies</u>							Pineapple Medium						
Imported	1200.00 · 1500.00	1370.83	1362.50	805.56	8.33	70.17	Pineapple Small						
<u>Onion</u>							Mango						
Sinnan							Betti						
Vedalan	350.00 · 560.00	560.00	445.22	395.00	114.78	41.77	Karthakolomban	2000.00 · 2000.00	2000.00	1500.00	1446.67	500.00	38.25
Imported							Vilad			900.00	750.00		
<u>Big Onion</u>							Kohu						
Imported	280.00 · 320.00	299.26	251.48	164.55	47.78	81.87	<u>Other</u>						
Local							Wood Apple	450.00 · 800.00	606.15	607.89	470.65	-1.74	28.79
<u>Potato</u>							Orange	420.00 · 700.00	581.74	589.00	531.25	-7.26	9.50
Welimada							Avocado	500.00 · 800.00	686.36	650.00	522.86	36.36	31.27
N'Eliya	360.00 · 480.00	421.18	428.24	412.38	-7.06	2.13	Slime Apple	400.00 · 800.00	576.67	577.27	635.29	-0.61	-9.23
Imported	180.00 · 280.00	230.42	226.80	215.00	3.62	7.17	Grapes (Imp., Rs/kg)	1800.00 · 3000.00	2573.68	2400.00	2200.00	173.68	16.99
<u>Pulses</u>							King Coconut	200.00 · 300.00	246.54	242.11	170.00	4.43	45.02
Green Gram	800.00 · 1200.00	968.91	968.70	949.55	0.22	2.04	<u>Sea Fish</u>						
Cowpea (White)	750.00 · 1200.00	947.73	960.48	1078.13	-12.75	-12.10	Salaya	600.00 · 1200.00	846.00	936.67	477.00	-90.67	77.36
Cowpea (Red)	800.00 · 1200.00	950.91	965.91	1080.00	-15.00	-11.95	Hurulla	1000.00 · 1680.00	1393.33	1367.50	1300.00	25.83	7.18
Red Dhal	240.00 · 320.00	275.96	272.22	280.37	3.74	-1.57	Balaya	1500.00 · 2200.00	1833.33	2042.86	1215.38	-209.52	50.84
<u>Vegetable</u>							Kelawalla	2000.00 · 3600.00	3065.00	2785.71	2206.00	279.29	38.94
Beans (Butter)							Thora	3800.00 · 5200.00	4450.00	4618.18	4000.00	-168.18	11.25
Beans(Green)	450.00 · 700.00	564.72	595.76	507.67	-31.04	11.24	Paraw	1600.00 · 3000.00	2673.33	2653.75	1892.63	19.58	41.25
Carrot	230.00 · 480.00	380.86	371.67	410.71	9.19	-7.27	Mora	1600.00 · 2800.00	2316.67	2144.44	1613.33	172.22	43.60
Leeks	200.00 · 480.00	335.83	357.84	270.69	-22.00	24.07	Shrimps	1900.00 · 2800.00	2397.78	2150.00	2093.00	247.78	14.56
Beetroot	250.00 · 480.00	376.94	364.00	208.28	12.94	80.98	Thalapath	2340.00 · 3600.00	3355.29	3516.00	2773.91	-160.71	20.96
Knolkhol	150.00 · 400.00	315.94	328.71	221.03	-12.77	42.94	<u>Eggs</u>						
Raddish	150.00 · 320.00	255.14	254.06	225.38	1.08	13.20	Brown	41.00 · 47.00	43.07	43.56	33.43	-0.48	28.82
Cabbage	180.00 · 400.00	315.83	276.56	300.36	39.27	5.15	White	39.00 · 45.00	41.33	41.84	31.17	-0.51	32.59
Tomato	350.00 · 600.00	476.86	562.42	255.52	-85.57	86.62	<u>Dried Fish</u>						
Ladies Fingers	150.00 · 400.00	284.17	289.17	248.97	-5.00	14.14	Sprats	2000.00 · 3400.00	2557.14	2495.00	1397.73	62.14	82.95
Brinjal	400.00 · 600.00	495.95	501.11	461.00	-5.17	7.58	Sprats (Imported)	1600.00 · 2200.00	1930.43	1934.78	2220.00	-4.35	-13.04
Capsicum	400.00 · 800.00	603.33	687.84	520.34	-84.50	15.95	Kattawa	2800.00 · 4300.00	3255.00	3371.43	2313.51	-116.43	40.70
Pumpkin	160.00 · 320.00	257.22	276.00	143.33	-18.78	79.46	Thora	3800.00 · 4500.00	4100.00	4250.00	3585.71	-150.00	14.34
Cucumber	120.00 · 320.00	201.67	213.24	165.36	-11.57	21.96	Mora	2800.00 · 3700.00	3218.75	3320.00	2857.14	-101.25	12.66
Bitter Gourd	350.00 · 600.00	473.51	485.41	376.07	-11.89	25.91	Balaya	1800.00 · 2800.00	2340.00	2384.62	2118.18	-44.62	10.47
Snake Gourd	280.00 · 600.00	402.50	420.59	304.00	-18.09	32.40	Anguluwa	2600.00 · 3600.00	3025.00	3116.67	2423.81	-91.67	24.80
Drumstick	200.00 · 480.00	343.06	380.57	441.07	-37.52	-22.22	Maduwa				2166.67		
Luffa	230.00 · 480.00	371.11	372.42	292.07	-1.31	27.06	Koduwa						
Long Beans	200.00 · 480.00	335.28	419.12	310.36	-83.84	8.03	Salaya	1200.00 · 1600.00	1400.00	1425.00	1068.75	-25.00	30.99
Ash Plantain	160.00 · 400.00	276.67	275.59	214.81	1.08	28.79	<u>Meat</u>						
Green Chillies	500.00 · 1000.00	754.17	1068.57	365.17	-314.40	106.52	Beef (without Bones)	3000.00 · 3400.00	3180.00	3185.71	2725.00	-5.71	16.70
Lime	400.00 · 800.00	646.67	571.67	503.46	75.00	28.44	Chicken (Broiler)	1300.00 · 1490.00	1368.57	1410.77	1441.82	-42.20	-5.08
<u>Root Crops</u>							Chicken (Curry)	1200.00 · 1500.00	1336.00	1372.31	1326.36	-36.31	0.73
Sweet Potato	200.00 · 400.00	286.76	275.94	257.08	10.83	11.55	Mutton	4400.00 · 5000.00	4566.67	4566.67	3816.67	0.00	19.65
Manioc	160.00 · 260.00	206.39	216.67	195.71	-10.28	5.45	Pork	2700.00 · 2700.00	2700.00	2750.00	2516.67	-50.00	7.28
<u>Leafy Vegetable</u>													
Mukunuwenna	150.00 · 250.00	205.00	198.08	217.50	6.92	-5.75							
Kankun	150.00 · 250.00	205.00	198.08	217.50	6.92	-5.75							
Gotukola	300.00 · 450.00	380.00	396.43	524.00	-16.43	-27.48							

This Week: Week 34: 21 - 27 Aug 2026
Last Week: Week 33: 14 - 20 Aug 2026

Table 16: Farmgate/Producer Prices of Food Commodities in Selected Producing Areas (Rs/kg)

Week 34: 21 - 27 Aug 2026

COMMODITY	Range	Average Price	COMMODITY	Range	Average Price	COMMODITY	Range	Average Price
<u>Paddy</u>			<u>Vegetable (Up Country)</u>			<u>Snake Gourd</u>		
Short Grain			Beans			Dambulla	110.00 – 145.00	130.00
A'pura	110.00 – 117.00	113.50	Dambulla	340.00 – 400.00	382.00	Hambantota	–	
P'naruwa	109.00 – 116.00	113.33	Welimada	285.00 – 320.00	299.00	Embilipitiya	280.00 – 300.00	290.00
Kalawewa	110.00 – 115.00	112.20	Badulla	–		Matara	–	
Kurunegala	–		Carrot			A'pura	–	
Dehiattakandiya	108.00 – 115.00	110.67	N'Eliya	160.00 – 165.00	162.00	Luffa		
Nikaweratiya	110.00 – 115.00	113.00	Welimada	125.00 – 150.00	136.00	Dambulla	125.00 – 145.00	134.00
Ampara	120.00 – 130.00	123.00	Hanguranketha	120.00 – 145.00	132.50	Hambantota	–	
Long Grain (White)			Leeks			Embilipitiya	180.00 – 200.00	190.00
A'pura	100.00 – 110.00	105.40	N'Eliya	145.00 – 150.00	147.00	Matara	–	
P'naruwa	94.00 – 106.00	99.83	Welimada	125.00 – 135.00	129.00	A'pura	130.00 – 170.00	150.00
Kalawewa	97.00 – 105.00	100.40	Beetroot			Green Chillies		
Kurunegala	–		N'Eliya	145.00 – 155.00	150.00	Dambulla	380.00 – 450.00	420.00
Dehiattakandiya	100.00 – 102.00	100.67	Dambulla	190.00 – 210.00	197.50	Hambantota	–	
Embilipitiya	–		Kurunegala	–		Embilipitiya	520.00 – 550.00	535.00
Nikaweratiya	100.00 – 105.00	103.20	Welimada	155.00 – 170.00	163.00	Puttalam	333.00 – 380.00	363.50
Hambantota	–		Hanguranketha	–		A'pura	–	
Ampara	98.00 – 120.00	105.00	Knol Khol			Pumpkin		
Long Grain (Red)			N'Eliya	120.00 – 125.00	122.00	Dambulla	95.00 – 110.00	102.00
Matara	–		Welimada	100.00 – 125.00	115.00	Hambantota	–	
Hambantota	–		Hanguranketha	–		Embilipitiya	130.00 – 150.00	140.00
Embilipitiya	95.00 – 100.00	97.67	Raddish			Matara	–	
Keeri Samba			N'Eliya	40.00 – 45.00	42.00	A'pura	–	
A'pura	125.00 – 125.00	125.00	Welimada	30.00 – 40.00	36.00	Moneragala	90.00 – 100.00	94.00
P'naruwa	122.00 – 128.00	125.50	Hambantota	–		Cucumber		
Kalawewa	132.00 – 140.00	135.80	Hanguranketha	40.00 – 50.00	43.75	A'pura	–	
Kurunegala	–		Cabbage			Dambulla	65.00 – 76.00	69.40
Dehiattakandiya	120.00 – 125.00	122.33	N'Eliya	165.00 – 175.00	171.00	Hambantota	–	
Red Onion			Welimada	170.00 – 200.00	185.00	Matara	–	
Puttalam	190.00 – 219.00	206.75	Badulla	–		Long Beans		
Jaffna	–		Hanguranketha	140.00 – 160.00	151.25	Dambulla	125.00 – 152.50	138.50
Big Onion			Tomato			Hambantota	–	
Dambulla	–		Welimada	200.00 – 230.00	217.00	Embilipitiya	260.00 – 280.00	270.00
Kalawewa	–		Hambantota	–		Matara	–	
A'pura	–		Dambulla	240.00 – 260.00	252.00	A'pura	–	
Potato			Hanguranketha	180.00 – 200.00	188.75	Ash Plantain		
N'Eliya	245.00 – 250.00	247.00	<u>Vegetable (Low Country)</u>			Hambantota	–	
Badulla	–		Ladies Fingers			Embilipitiya	100.00 – 110.00	105.00
Welimada	200.00 – 235.00	224.00	A'pura	–		Matara	–	
<u>Pulses</u>			Dambulla	76.00 – 90.00	82.00	Lime		
Green Gram			Hambantota	–		Hambantota	–	
Hambantota	–		Embilipitiya	100.00 – 120.00	110.00	Embilipitiya	200.00 – 220.00	210.00
Moneragala	550.00 – 600.00	570.00	Matara	–		Moneragala	280.00 – 300.00	288.00
Embilipitiya	650.00 – 660.00	655.00	Brinjal			<u>Fruits (Rs/kg)</u>		
Nikaweratiya	450.00 – 480.00	467.50	A'pura	–		Banana		
A'pura	–		Dambulla	240.00 – 280.00	260.00	Ambul		
Cowpea			Hambantota	–		Moneragala	60.00 – 70.00	64.00
Hambantota	–		Embilipitiya	300.00 – 320.00	310.00	Embilipitiya	100.00 – 120.00	110.00
Nikaweratiya	–		Matara	–		Hambantota	–	
Moneragala	350.00 – 400.00	370.00	Welimada	235.00 – 265.00	250.00	Kolikuttu		
Embilipitiya	590.00 – 600.00	595.00	Capsicum			Moneragala	240.00 – 260.00	248.00
Maize			Badulla	–		Embilipitiya	280.00 – 350.00	315.00
A'pura	–		Welimada	400.00 – 460.00	432.50	Hambantota	–	
Kalawewa	–		Bitter Gourd			Papaw		
Gingelly			A'pura	–		Moneragala	100.00 – 120.00	108.00
A'pura	–		Dambulla	200.00 – 230.00	212.50	Embilipitiya	160.00 – 170.00	165.00
Kalawewa	–		Hambantota	–		Hambantota	–	
Black Gram			Embilipitiya	330.00 – 350.00	340.00	Pineapple		
A'pura	–		Matara	–		Divulapitiya	–	
Kalawewa	–							

Annex 01 - Colombo Markets: Retail Prices of Rice and Subsidiary Food Crops (Rs/kg)
Week 34: 21 - 27 Aug 2026

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Rice</u>																											
Local																											
Samba 1	240.00	-	240.00	250.00	-	250.00	240.00	-	240.00	240.00	-	250.00	240.00	-	260.00	240.00	-	240.00	250.00	-	260.00	240.00	-	240.00	240.00	-	260.00
Samba 2	-			-			-			-			-			-			-			-			-		
Keeri Samba	-			260.00	-	260.00	260.00	-	280.00	330.00	-	330.00	260.00	-	260.00	-			320.00	-	320.00	260.00	-	260.00	260.00	-	365.00
Nadu 1	220.00	-	230.00	220.00	-	220.00	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00	220.00	-	230.00	230.00	-	230.00	220.00	-	230.00	230.00	-	230.00
Nadu 2	-			-			-			-			-			-			-			-			-		
Raw (Red)	190.00	-	220.00	180.00	-	180.00	190.00	-	220.00	200.00	-	200.00	190.00	-	200.00	200.00	-	220.00	220.00	-	220.00	180.00	-	200.00	210.00	-	220.00
Raw (White)	200.00	-	220.00	200.00	-	200.00	200.00	-	220.00	200.00	-	210.00	190.00	-	220.00	200.00	-	220.00	210.00	-	220.00	200.00	-	200.00	210.00	-	220.00
Imported																											
Samba	230.00	-	230.00	-			240.00	-	250.00	250.00	-	260.00	-			-			240.00	-	250.00	240.00	-	240.00	260.00	-	260.00
Nadu	-			-			-			-			-			-			-			-			-		
Raw (Red)	-			-			-			-			-			-			-			-			-		
Raw (White)	-			-			-			-			-			-			-			-			-		
<u>Dried Chillies</u>																											
Imported	1200.00	-	1200.00	1300.00	-	1300.00	1400.00	-	1500.00	1400.00	-	1500.00	1400.00	-	1500.00	1300.00	-	1400.00	1200.00	-	1300.00	1300.00	-	1400.00	1400.00	-	1500.00
<u>Red Onion</u>																											
Sinnan	-			-			-			-			-			-			-			-			-		
Vedalan	350.00	-	380.00	400.00	-	560.00	440.00	-	480.00	400.00	-	480.00	480.00	-	500.00	440.00	-	440.00	400.00	-	400.00	400.00	-	400.00	480.00	-	560.00
Imported	-			-			-			-			-			-			-			-			-		
<u>Big Onion</u>																											
Imported	280.00	-	280.00	300.00	-	320.00	300.00	-	320.00	300.00	-	320.00	320.00	-	320.00	280.00	-	320.00	280.00	-	300.00	280.00	-	300.00	280.00	-	300.00
Local	-			-			-			-			-			-			-			-			-		
<u>Potato</u>																											
Welimada	-			-			-			-			-			-			-			-			-		
N'Eliya	360.00	-	360.00	440.00	-	480.00	400.00	-	400.00	400.00	-	440.00	440.00	-	480.00	400.00	-	400.00	-		400.00	-	400.00	360.00	-	480.00	
Imported	180.00	-	200.00	260.00	-	280.00	220.00	-	240.00	190.00	-	240.00	240.00	-	240.00	200.00	-	200.00	240.00	-	240.00	200.00	-	260.00	240.00	-	280.00
<u>Pulses</u>																											
Green Gram	800.00	-	850.00	900.00	-	900.00	900.00	-	1000.00	900.00	-	1000.00	900.00	-	1000.00	925.00	-	1000.00	800.00	-	850.00	900.00	-	1000.00	1200.00	-	1200.00
Cowpea (White)	750.00	-	800.00	900.00	-	900.00	900.00	-	1000.00	900.00	-	1000.00	900.00	-	1000.00	940.00	-	1000.00	800.00	-	800.00	880.00	-	900.00	1200.00	-	1200.00
Cowpea (Red)	800.00	-	900.00	900.00	-	900.00	900.00	-	1000.00	900.00	-	1000.00	900.00	-	1000.00	940.00	-	1000.00	800.00	-	900.00	800.00	-	880.00	1200.00	-	1200.00
Red Dhal	240.00	-	260.00	260.00	-	300.00	260.00	-	280.00	280.00	-	300.00	260.00	-	320.00	255.00	-	280.00	250.00	-	280.00	240.00	-	260.00	300.00	-	320.00

Annex 02 - Colombo Markets: Retail Prices of Vegetables (Rs/kg) and Coconut (Rs/nut)

Week 34: 21 - 27 Aug 2026

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CROP	PELIYAGODA	MAHARAGAMA	KIRULAPONE	NUGEGODA	NARAHENPITA	DEMATAGODA	THOTALANGA	KADAWATHA	KIRIBATHGODA
<u>Vegetable</u>									
Beans	500.00 - 600.00	680.00 - 700.00	580.00 - 600.00	580.00 - 600.00	600.00 - 700.00	500.00 - 600.00	450.00 - 550.00	480.00 - 560.00	520.00 - 600.00
Carrot	230.00 - 300.00	480.00 - 480.00	320.00 - 400.00	400.00 - 480.00	400.00 - 400.00	400.00 - 400.00	250.00 - 320.00	400.00 - 480.00	400.00 - 480.00
Leeks	200.00 - 250.00	400.00 - 480.00	300.00 - 320.00	400.00 - 400.00	300.00 - 400.00	320.00 - 400.00	240.00 - 320.00	320.00 - 400.00	400.00 - 480.00
Beetroot	250.00 - 320.00	400.00 - 480.00	320.00 - 400.00	400.00 - 480.00	360.00 - 400.00	400.00 - 400.00	280.00 - 350.00	400.00 - 480.00	400.00 - 480.00
Knolkhol	150.00 - 200.00	360.00 - 400.00	300.00 - 320.00	400.00 - 400.00	320.00 - 320.00	320.00 - 320.00	200.00 - 260.00	320.00 - 400.00	320.00 - 400.00
Raddish	150.00 - 200.00	320.00 - 320.00	240.00 - 280.00	300.00 - 320.00	240.00 - 280.00	240.00 - 240.00	180.00 - 240.00	200.00 - 300.00	240.00 - 320.00
Cabbage	250.00 - 350.00	320.00 - 400.00	320.00 - 360.00	360.00 - 400.00	350.00 - 400.00	320.00 - 400.00	180.00 - 240.00	320.00 - 320.00	300.00 - 320.00
Tomato	350.00 - 400.00	560.00 - 600.00	480.00 - 520.00	500.00 - 600.00	400.00 - 500.00	400.00 - 400.00	350.00 - 400.00	500.00 - 600.00	500.00 - 600.00
Ladies Fingers	150.00 - 200.00	320.00 - 400.00	280.00 - 320.00	300.00 - 400.00	260.00 - 280.00	240.00 - 300.00	180.00 - 250.00	320.00 - 400.00	320.00 - 400.00
Brinjal	400.00 - 450.00	560.00 - 600.00	520.00 - 560.00	560.00 - 600.00	400.00 - 480.00	400.00 - 450.00	400.00 - 500.00	400.00 - 480.00	520.00 - 600.00
Capsicum	400.00 - 550.00	700.00 - 800.00	600.00 - 700.00	700.00 - 800.00	550.00 - 600.00	600.00 - 600.00	400.00 - 500.00	600.00 - 640.00	700.00 - 800.00
Pumpkin	160.00 - 200.00	300.00 - 320.00	240.00 - 280.00	300.00 - 320.00	240.00 - 260.00	240.00 - 260.00	200.00 - 240.00	280.00 - 320.00	280.00 - 320.00
Cucumber	120.00 - 180.00	280.00 - 320.00	180.00 - 240.00	240.00 - 280.00	180.00 - 240.00	160.00 - 200.00	150.00 - 160.00	200.00 - 240.00	160.00 - 240.00
Bitter Gourd	350.00 - 400.00	560.00 - 600.00	500.00 - 520.00	500.00 - 600.00	400.00 - 480.00	450.00 - 480.00	400.00 - 480.00	400.00 - 480.00	480.00 - 600.00
Snake Gourd	280.00 - 350.00	400.00 - 480.00	400.00 - 480.00	480.00 - 600.00	320.00 - 400.00	320.00 - 320.00	320.00 - 380.00	400.00 - 480.00	480.00 - 480.00
Drumstick	200.00 - 250.00	400.00 - 480.00	320.00 - 400.00	400.00 - 480.00	320.00 - 400.00	320.00 - 320.00	240.00 - 260.00	350.00 - 400.00	400.00 - 480.00
Luffa	230.00 - 260.00	400.00 - 480.00	400.00 - 480.00	400.00 - 480.00	320.00 - 400.00	320.00 - 400.00	250.00 - 320.00	400.00 - 480.00	400.00 - 480.00
Long Beans	200.00 - 300.00	400.00 - 480.00	350.00 - 400.00	400.00 - 480.00	300.00 - 400.00	300.00 - 320.00	240.00 - 320.00	240.00 - 320.00	320.00 - 400.00
Ash Plantain	160.00 - 200.00	320.00 - 400.00	280.00 - 320.00	350.00 - 400.00	260.00 - 300.00	280.00 - 300.00	180.00 - 240.00	240.00 - 320.00	320.00 - 400.00
Green Chillies	500.00 - 600.00	1000.00 - 1000.00	750.00 - 800.00	800.00 - 900.00	700.00 - 800.00	800.00 - 800.00	500.00 - 600.00	1000.00 - 1000.00	700.00 - 800.00
Lime	480.00 - 550.00	800.00 - 800.00	800.00 - 800.00	700.00 - 800.00	700.00 - 800.00	600.00 - 700.00	400.00 - 500.00	500.00 - 600.00	800.00 - 800.00
<u>Root Crops</u>									
Sweet Potato	200.00 - 220.00	280.00 - 320.00	240.00 - 320.00	320.00 - 400.00	300.00 - 320.00	300.00 - 320.00	200.00 - 240.00	240.00 - 320.00	320.00 - 400.00
Manioc	160.00 - 200.00	220.00 - 240.00	220.00 - 240.00	220.00 - 260.00	200.00 - 240.00	240.00 - 260.00	160.00 - 200.00	180.00 - 220.00	180.00 - 220.00
<u>Leafy Vegetable</u>									
Mukunuwenna	150.00 - 150.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	150.00 - 150.00	250.00 - 250.00	200.00 - 200.00
Kankun	150.00 - 150.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	200.00 - 200.00	250.00 - 250.00	150.00 - 150.00	250.00 - 250.00	200.00 - 200.00
Gotukola	300.00 - 300.00	450.00 - 450.00	400.00 - 400.00	450.00 - 450.00	400.00 - 400.00	400.00 - 400.00	300.00 - 300.00	400.00 - 400.00	400.00 - 400.00
<u>Coconut</u>									
Large	170.00 - 180.00	180.00 - 180.00	180.00 - 180.00	170.00 - 190.00	170.00 - 180.00	180.00 - 180.00	170.00 - 180.00	170.00 - 190.00	180.00 - 190.00
Small	145.00 - 150.00	160.00 - 160.00	150.00 - 160.00	150.00 - 160.00	150.00 - 160.00	150.00 - 160.00	145.00 - 155.00	150.00 - 160.00	150.00 - 160.00

Annex 03 - Colombo Markets: Retail Prices of Fruits (Rs/kg,king Coconut Rs/nut)

Week 34: 21 - 27 Aug 2026

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CROP	PELIYAGODA			MAHARAGAMA			KIRULAPONE			NUGEGODA			NARAHENPITA			DEMATAGODA			THOTALANGA			KADAWATHA			KIRIBATHGODA		
<u>Plantain</u>																											
Ambul	300.00	-	350.00	250.00	-	300.00	280.00	-	300.00	280.00	-	300.00	240.00	-	300.00	240.00	-	300.00	260.00	-	280.00	260.00	-	280.00	250.00	-	280.00
Kolikuttu	500.00	-	600.00	540.00	-	600.00	550.00	-	600.00	480.00	-	480.00	525.00	-	550.00	500.00	-	550.00	480.00	-	480.00	500.00	-	550.00	480.00	-	530.00
Seeni	220.00	-	250.00	250.00	-	280.00	280.00	-	300.00	260.00	-	260.00	220.00	-	250.00	240.00	-	300.00	200.00	-	200.00	240.00	-	250.00	200.00	-	280.00
Anamalu	350.00	-	420.00	360.00	-	400.00	380.00	-	400.00	350.00	-	380.00	350.00	-	400.00	350.00	-	350.00	300.00	-	300.00	350.00	-	360.00	320.00	-	350.00
Ambun	350.00	-	420.00	360.00	-	400.00	380.00	-	400.00	380.00	-	380.00	350.00	-	400.00	350.00	-	350.00	320.00	-	320.00	350.00	-	360.00	300.00	-	350.00
<u>Pineapple</u>																											
Large	450.00	-	500.00	500.00	-	500.00	500.00	-	550.00	450.00	-	550.00	450.00	-	500.00	380.00	-	450.00	450.00	-	460.00	450.00	-	500.00	450.00	-	500.00
Medium	-			-			-			-			-			-			-			-			-		
Small	-			-			-			-			-			-			-			-			-		
<u>Mango</u>																											
Betti	-			-			-			-			-			-			-			-			-		
Karthakolomban	2000.00	-	2000.00	-			-			-			-			-			-			-			-		
Vilad	-			-			-			-			-			-			-			-			-		
Kohu	-			-			-			-			-			-			-			-			-		
<u>Other Fruits</u>																											
Wood Apple	500.00	-	600.00	750.00	-	800.00	700.00	-	760.00	750.00	-	800.00	650.00	-	700.00	600.00	-	600.00	450.00	-	450.00	450.00	-	450.00	600.00	-	700.00
Orange	600.00	-	650.00	560.00	-	600.00	700.00	-	700.00	650.00	-	700.00	500.00	-	650.00	600.00	-	600.00	420.00	-	420.00	480.00	-	500.00	550.00	-	600.00
Avocado	700.00	-	800.00	800.00	-	800.00	750.00	-	800.00	800.00	-	800.00	600.00	-	650.00	-			500.00	-	600.00	650.00	-	700.00	600.00	-	700.00
Slime Apple	400.00	-	500.00	600.00	-	600.00	750.00	-	800.00	700.00	-	800.00	500.00	-	550.00	600.00	-	600.00	500.00	-	500.00	500.00	-	500.00	500.00	-	700.00
Grapes	1800.00	-	2000.00	2800.00	-	3000.00	2600.00	-	3000.00	2800.00	-	3000.00	2400.00	-	2500.00	2600.00	-	2600.00	3000.00	-	3000.00	2500.00	-	2500.00	2400.00	-	2800.00
Papaw	250.00	-	300.00	280.00	-	280.00	300.00	-	350.00	260.00	-	300.00	220.00	-	280.00	250.00	-	300.00	250.00	-	280.00	230.00	-	250.00	250.00	-	280.00
Passion	700.00	-	800.00	-			800.00	-	850.00	800.00	-	800.00	650.00	-	800.00	800.00	-	800.00	600.00	-	600.00	640.00	-	700.00	800.00	-	800.00
King Coconut	240.00	-	300.00	250.00	-	300.00	250.00	-	280.00	230.00	-	250.00	200.00	-	250.00	200.00	-	200.00	230.00	-	240.00	230.00	-	240.00	200.00	-	250.00

Annex 04 - Colombo Markets: Retail Prices of Sea Fish and Dried Fish (Rs/kg)

Week 34: 21 - 27 Aug 2026

	CROP	PELIYAGODA		MAHARAGAMA		KIRULAPONE		NUGEGODA		NARAHENPITA		DEMATAGODA		THOTALANGA		KADAWATHA		KIRIBATHGODA	
30	<u>Sea Fish</u>																		
	Salaya	600.00	700.00	800.00	900.00	800.00	1000.00	1200.00	1200.00	920.00	920.00	800.00	880.00	700.00	720.00	800.00	800.00	800.00	1000.00
	Hurulla	1000.00	1200.00	1200.00	1400.00	1400.00	1600.00	1400.00	1600.00	1680.00	1680.00	1200.00	1200.00	1400.00	1400.00	1400.00	1400.00	1600.00	1600.00
	Balaya	1500.00	1500.00	2000.00	2000.00	1600.00	1600.00	1800.00	2000.00	-	-	2000.00	2200.00	1500.00	2000.00	-	-	1600.00	1800.00
	Kelawalla	2200.00	2300.00	3200.00	3200.00	3200.00	3500.00	3500.00	3600.00	3540.00	3540.00	2800.00	2800.00	2000.00	2000.00	3000.00	3200.00	3400.00	3600.00
	Thora	3800.00	3800.00	-	-	4000.00	4000.00	4600.00	4600.00	-	-	4400.00	4400.00	5000.00	5000.00	-	-	5200.00	5200.00
	Paraw	1600.00	1800.00	3000.00	3000.00	2600.00	2800.00	3000.00	3000.00	-	-	2800.00	2800.00	2500.00	2800.00	2600.00	2600.00	2600.00	3000.00
	Mora	1600.00	1800.00	2600.00	2600.00	2800.00	2800.00	2800.00	2800.00	-	-	2400.00	2400.00	2000.00	2400.00	2000.00	2000.00	1800.00	1800.00
	Shrimps Small	1900.00	2200.00	2800.00	2800.00	2600.00	2800.00	2600.00	2800.00	2660.00	2660.00	2400.00	2600.00	2000.00	2200.00	2200.00	2400.00	2000.00	2200.00
	Talapath	2800.00	2900.00	3600.00	3600.00	3600.00	3600.00	3400.00	3400.00	2340.00	2340.00	3600.00	3600.00	3000.00	3400.00	3600.00	3600.00	3400.00	3600.00
	<u>Eggs (Rs/egg)</u>																		
	Brown	41.00	43.00	43.00	46.00	42.00	43.00	42.00	46.00	44.00	47.00	41.00	43.00	42.00	44.00	42.00	43.00	43.00	45.00
	White	40.00	42.00	40.00	42.00	40.00	42.00	40.00	42.00	40.00	43.00	40.00	45.00	39.00	41.00	42.00	43.00	40.00	45.00
	<u>Dried Fish</u>																		
	Sprats	2200.00	2600.00	2900.00	3200.00	2400.00	3200.00	2400.00	2600.00	2800.00	3400.00	2600.00	2600.00	2000.00	2200.00	2200.00	2200.00	2200.00	2800.00
	Kattawa	2800.00	2800.00	2800.00	3000.00	3000.00	3400.00	3600.00	4300.00	2800.00	3000.00	3600.00	3600.00	3200.00	3200.00	3000.00	3200.00	3200.00	3200.00
	Thora	-	-	-	-	-	-	3800.00	3800.00	4000.00	4500.00	-	-	-	-	-	-	-	-
	Mora	2800.00	2800.00	3200.00	3200.00	3500.00	3500.00	3000.00	3700.00	3000.00	3000.00	3000.00	3000.00	-	-	3200.00	3400.00	3200.00	3400.00
	Balaya	1800.00	2000.00	2400.00	2600.00	2800.00	2800.00	2800.00	2800.00	1800.00	1800.00	2300.00	2300.00	2000.00	2200.00	1800.00	2200.00	2800.00	2800.00
	Anguluwa	2600.00	2800.00	3600.00	3600.00	3000.00	3000.00	3000.00	3500.00	2800.00	2800.00	-	-	-	-	3000.00	3000.00	2800.00	3000.00
Salaya	1200.00	1600.00	1400.00	1400.00	1600.00	1600.00	1400.00	1400.00	1400.00	1400.00	1300.00	1400.00	-	-	1200.00	1500.00	-	-	
<u>Meat</u>																			
Beef (without Bones)	-	-	3200.00	3200.00	3200.00	3200.00	-	-	3100.00	3100.00	-	-	3000.00	3000.00	3400.00	3400.00	-	-	
Chicken (Broiler)	1330.00	1330.00	1490.00	1490.00	1350.00	1350.00	1350.00	1350.00	1350.00	1350.00	1350.00	1350.00	1300.00	1380.00	1400.00	1400.00	1460.00	1460.00	
Chicken (Curry)	1200.00	1200.00	1500.00	1500.00	1350.00	1450.00	1450.00	1500.00	1300.00	1390.00	1250.00	1250.00	1200.00	1200.00	1250.00	1250.00	1300.00	1300.00	
Mutton	-	-	4400.00	4400.00	4500.00	4500.00	-	-	4500.00	4500.00	-	-	4400.00	4400.00	5000.00	5000.00	4600.00	4600.00	
Pork	-	-	2700.00	2700.00	-	-	-	-	-	-	-	-	-	-	-	-	2700.00	2700.00	

Annex 05 : Food Composition of Selected Food Commodities

Commodity	Energy (kcal/100g)	Protein (g/100g)	Total fat (g/100g)	Retinol Eq (µ g/100g)	Vit B2 (mg/100g)	Vit B6 (mg/100g)	Folate (µg/100g)	Vit C (mg/100g)	Calcium (mg/100g)	Magnesium (mg/100g)	Iron (mg/100g)	Zinc (mg/100g)
Rice												
Rice - (white Kekulu - normal)	361	9.88	1.52	-	0.03	0.09	10.67	-	6.94	26.29	1.22	1.5
Rice - (white Kekulu Samba)	355	8.81	1.53	-	0.03	0.09	8.11	-	9.82	30.48	0.92	1.7
Rice - (Red Kekulu - normal)	366	8.64	2.12	-	0.05	0.1	8.39	-	4.73	31.7	0.88	1.84
Rice -Samba	369	6.86	2.45	-	0.05	0.13	12.79	-	8.71	37.26	1.18	1.49
Rice - Nadu White	366	7.76	1.48	-	0.03	0.12	9.35	-	4.57	20.1	0.64	1.61
Dried chilies	233	12.68	6.41	437	0.84	0.42	46.83	NA	107	231	5.39	1.65
Onion												
Big onions	48	1.67	0.24	0.16	0.01	0.1	32.99	7.58	14.82	16.94	0.45	0.25
Red onions	55	2.13	0.15	0.18	0.02	0.13	30.15	14.26	20.37	19.32	0.31	0.28
Potatoes	71	1.67	0.25		0.01	0.09	14.31	20.5	9.83	23.84	0.46	0.29
Pulses												
Green gram	290	21.97	0.93	19.5	0.28	0.33	135	NA	98.96	146	4.15	2.86
White cowpea	320	21.25	1.14	1.36	0.09	0.26	249	NA	84.1	213	5.04	3.57
Red cowpea	320	20.24	1.08	0.96	0.11	0.27	273	NA	81.83	194	4.95	3.4
Red Dhal	319	23.09	0.77	1.06	1.6	0.22	55	NA	41.27	66.63	7.45	3.34
Vegetables												
Beans	46	3.95	0.15	6.64	0.1	0.3	45.2	7.02	35.68	45.56	0.7	0.59
Carrot	30	0.85	0.45	1240	0.03	0.1	24.71	5.93	27.65	11.7	0.59	0.25
Leeks	30	1.74	0.49	18.56	0.02	0.19	42.63	4.65	29.28	11.77	1.49	0.43
Beetroot	31	2.12	0.15	1.52	0.01	0.09	108	4.51	20.29	34.88	0.77	0.29
Knolkhol	16	1.69	0.34		0.05	0.19	12.7	77.64	40.09	19.35	0.23	0.18
Radish	29	0.75	0.11		0.02	0.09	18.09	12.13	35.64	13.56	0.38	0.16
Cabbage	21	1.35	0.14	3.35	0.05	0.14	52.66	29.62	56.85	18.47	0.33	0.16

Tomatoes	20	0.88	0.56	165	0.03	0.09	20.16	25.58	9.69	14.93	0.31	0.12
Ladies fingers	26	2.06	0.19	12.41	0.08	0.28	70.62	24.48	92.26	55.23	0.96	0.44
Brinjal (Pandora Striped)	29	1.49	0.31	23	0.12	0.09	30.99	1.49	18.95	18	0.32	0.19
Brinjal (Chinese eggplant)	24	1.28	0.33	16.83	0.12	0.11	32.94	3.37	14.4	21.18	0.28	0.16
Capsicum	23	1.22	0.34	38.96	0.03	0.29	28.65	49.63	12.65	11.21	0.21	0.31
Pumpkin (Common)	31	0.86	0.3	30.41	0.02	0.09	17.72	8.73	18.75	9.93	0.49	0.25
Cucumber	19	0.98	0.24	0.58	0.01	0.08	19.66	4.08	22.1	18.22	0.67	0.21
Bitter gourd	19	1.47	0.23	55.08	0.05	0.06	53.1	46.89	25.19	35.81	1.75	0.26
Snake gourd (Dark green)	11	0.82	0.25	10.41	0.03	0.12	18.09	3.54	26.83	25.84	0.41	0.11
Snake gourd (Pale green)	11	0.89	0.25	5.14	0.03	0.07	16.52	2.85	27.11	21.77	0.47	0.2
Drumstick	30	2.48	0.12	3.13	0.06	0.12	60.48	92.33	22.27	28.51	0.5	0.26
Watakolu	12	0.86	0.15	59.33	0.01	0.07	25.48	6.41	14.67	14.01	4.42	0.45
Long beans	24	3.36	0.3	-	0.06	0.11	99.98	8.93	44.22	33.17	1.01	0.08
Ash Plantain	76	2.84	0.56	0.06	0.02	0.07	6.82	4.49	5.19	22.55	0.39	0.21
Green chillies	39	2.28	0.76	38.16	0.08	0.25	21.29	98.61	20.25	36.91	1.25	0.29
Limes	26	0.66	0.26	0.36	0.01	0.05	12.1	38.05	26	15.25	0.12	0.05
Kekiri	17	1.01	0.25	0.76	0.01	0.07	17.34	8.07	25.72	26.2	0.63	0.22
Ash pumpkin (Ash guord)	18	0.8	0.15		0.01	0.15	14.17	9.14	19.27	23.62	0.48	0.13
Cho-Cho	19	0.58	0.12	0.3	0.04	0.07	63.81	23.76	20.55	13.02	0.49	0.12
Thalana batu (Little prince)	21	1.28	0.39	24.33	0.12	0.09	38.63	2.4	12.38	19.62	0.31	0.22
Thalana batu (Thai eggplant)	21	1.45	0.26	18.33	0.11	0.09	31.18	2.71	17.24	37.22	0.37	0.24
Thibbatu	61	1.66	1.96	15.89	0.03	1.02	72.39	10.8	105	57.46	1.06	0.59
Kohila yams	27	0.64	0.16	1.72	0.01	0.14	4.64	1.67	52.33	33.95	0.61	1.62
Kehel muwa	19	1.36	0.63	4.27	0.02	0.12	40.51	8.16	35.09	31.43	0.38	0.39
Ambaralla	37	0.73	0.44	3.36	0.01	0.1	44.49	35.51	20.7	9.28	0.7	0.12
Mango	50	0.75	0.09	14.5	0.02	0.14	34.89	91.63	28.56	17.74	0.5	0.09
Mushroom	27	2.54	0.42	-	0.15	0.13	7.81	11.56	0.9	14.42	1.32	0.79
Dambala	21	1.84	0.2	38.74	0.08	0.4	33.69	19.82	68.24	31.38	1.2	0.44

Coconuts nuts	390	3.67	39.92	-	0.05	0.11	14.86	-				
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Root Crop												
Sweet potato	108	1.27	0.33	NA	0.04	0.09	14.44	22.2	28.93	21.05	0.51	0.14
Manioc	78	0.92	0.19	NA	0.07	0.2	0.1	1.95	25.31	19.08	19.78	23.73
Nelum ala/Lotus root	79	1.94	0.93	NA	0.05	0.19	26.49	26.63	37.71	26.58	3.34	0.35
Kiriala	87	3.96	0.15	1.19	0.03	0.16	20.17	2.71	30.79	41.52	0.6	0.42
Iniala	103	3.2	0.3	33.14	0.01	0.22	22.19	13.03	40.99	28.98	1.31	0.29
Leafy Vegetables												
Mukunuwanna	28	3.15	0.55	92.25	0.09	0.27	96.14	3.24	135	45.38	1.7	1.03
Gotukola	15	0.64	0.47	226	0.07	0.23	70.11	6.74	96.31	41.42	1.25	0.66
Kankun	15	0.47	0.37	1614	0.08	0.4	33.69	19.82	49.21	18.35	1.32	0.44
Kathurumurunga	70	8.01	1.35	2097	0.33	0.22	120	121	901	96.64	4.36	0.53
Nivithi	22	2.2	0.47	959	0.06	0.11	74.05	10.26	163	61.37	1.49	0.67
Thampala	32	3.55	0.72	1474	0.21	0.22	74.27	82	258	209	3.5	1.4
Sarana	20	2.42	0.21	1149	0.03	0.13	58.54	9.89	59.57	42.93	0.13	0.75
Kohila leaves	33	4.1	0.83	300	0.02	0.17	56.76	5.56	19.5	20.32	0.25	0.3
Onion leaves	27	2.01	0.26	NA	0.04	0.18	56.8	23.38	35.21	74.95	3.15	0.77
Cabbage leaves	30	3.63	0.27	8.66	0.05	0.24	63.46	40.76	170	18.47	2.67	0.35
Salad leaves	19	1.05	0.24	NA	0.1	0.06	37.48	11.64	58.23	36.89	2.07	0.27
Cauliflower	23	2.09	0.48	0.14	0.06	0.11	46.67	50.17	22.44	18.52	0.76	0.27
Jackfruit pods	25	2.14	0.34	NA	0.03	0.04	30.7	24.77	37.32	26.08	0.3	0.17
Jackfruit seeds	77	5.66	0.44	NA	0.02	0.08	58.91	15.24	40.87	50.14	0.52	0.42
Meat												
Chicken	176	23.14	9.24	6.88	0.07	0.49	10.09	-	15.06	20.18	0.75	0.64
Beef	160	23.3	7.45	2.15	0.08	0.32	1.93	-	4.8	28.54	2.41	3.31
Mutton	138	20.37	6.23	2.7	0.13	0.28	1.73	-	7.58	19.5	1.62	5.05
Pork	161	18.83	9.5	1.9	0.09	0.28	8.15	-	6.58	8.9	0.79	0.8
Fish												
Balaya	96	21.28	1.12	21.01	0.15	0.12	7.89		6.45	26.02	0.68	0.46
Seer	136	22.28	5.18	81.9	0.07	0.16	15.45		9.85	36.73	0.41	0.74

Shark	95	21.6	0.83	1.11	0.04	0.11	8.57	8.44	32.58	0.41	0.74
Paraw	87	20.02	0.7	1.49	0.02	0.16	6.77	8.17	31.68	0.67	0.41
Thalapath	91	16.04	2.88	12.03	0.1	0.13	78.22	7.64	24.89	0.71	0.67
Kelawalla	109	21.47	2.55	15.95	0.17	0.73	77.39	13.35	33.82	0.68	0.64
Haedaella	87	19.88	0.78	12.18	0.04	0.06	11.7	36.6	53	0.54	0.65
Hurulla	88	17.08	2.18	10.02	0.14	1.66	61.66	103	35.45	1.24	1.05
Karalla / Katuwalla	97	21.8	1.06	1.25	0.02	0.1	14.38	37.06	39.05	0.24	0.42
Kumbala / Angila	101	21.51	1.53	16.34	0.1	0.1	7.13	31.27	37.46	1.46	0.67
Salaya / Sudaya	100	19.5	2.39	15.41	0.18	1.39	60.87	435	42.83	1.4	2.3
Theppli / Telapiya /Korali	83	18.48	1.08	17.14	0.18	0.18	8.29	99.39	24.96	2.84	0.88
Prawns	65	14.85	0.56	1.24	0.03	0.1	15.37	37.81	30.5	0.73	1.1
Crabs	45	10	0.55	8.33	0.14	0.18	13.83	37.81	45.93	0.73	1.1
Cuttle fish	76	16.82	0.93	1.93	0.02	0.04	6.22	8.73	35.46	0.62	1.3
Linna	112	20.3	3.37	15.78	0.23	0.68	59.78				
Coppara	97	22.89	0.56	21.51	0.04	0.12	8.08	7.2	30.08	1.2	0.58
Ray (Maduwa)	97	23.98	0.68	7.55	0.02	0.21	25.59	9.16	24.61	0.74	0.44

Dried Fish

Dried sprats	259	51.16	5.92	12.83	0.25	0.62	438	1178	162	3.06	4.2
Dried keeramin	311	49.6	12.42	12.92	0.13	2.41	144	555	166	2.58	3.19
Dried thalapath	289	54.68	8.04	9.38	0.04	0.43	97.8	62.75	110	1.96	1.45
Dried katta	275	50.04	8.31	2.48	0.03	0.35	80.4	86.55	92.17	1.47	1.16
Dried balaya	282	63.79	3.37	14.32	0.12	1.98	213	83.48	83.45	3.6	1.44
Dried shark / keelan	267	55.03	5.25	10.31	0.04	0.32	187	42.24	92.94	1.48	0.66

Eggs

Hen eggs (Country)	170	13.14	13	208	0.08	0.18	54.6	50.14	11.04	1.64	1.12
Hen eggs (Table)	135	13.55	9.03	200	0.19	0.19	49.46	63.3	12	2.39	1.73
Quail eggs	153	12.39	11.46	153	0.11	0.17	54.86	60.67	11.21	2.55	1.51

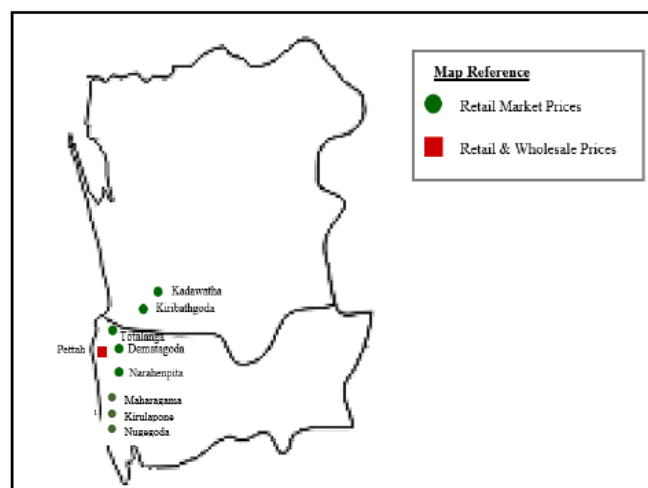
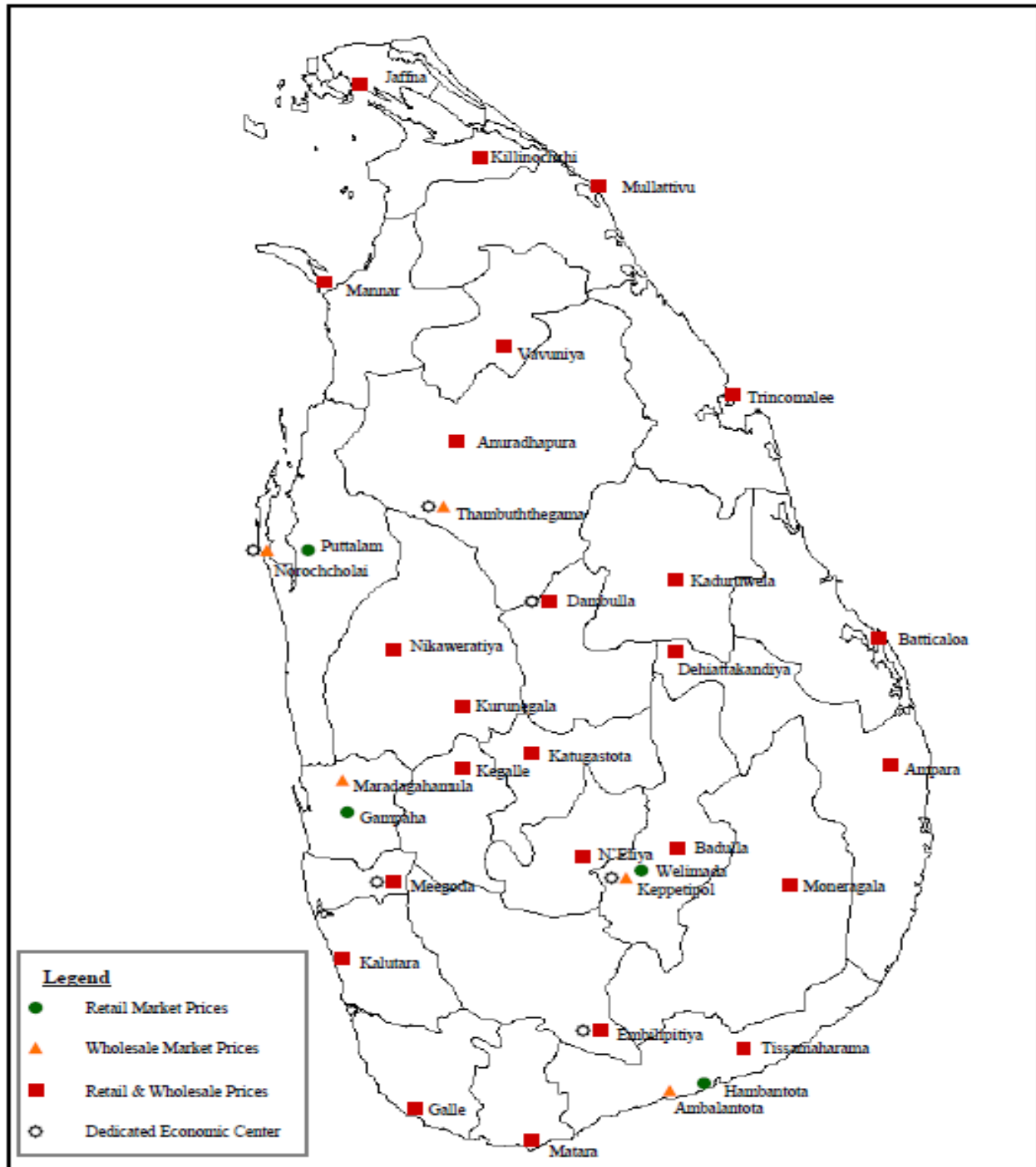
Fruits

Banana Embul	109	1.11	1.09	9.68	0.05	0.64	32.98	13.61	9.39	25.67	0.51	0.23
Anamaalu	102	1.04	0.72	16.4	0.04	0.65	21.07	3.66	8.06	27.02	0.51	0.23

Koli kuttu	107	1.38	0.34	8.8	0.03	0.47	18.12	7.71	8.56	38	0.32	0.14
Pineapple	37	0.41	0.17	5.76	0.04	0.12	17.86	39.36	10.37	10.71	0.3	0.09
Papaya	26	0.42	0.16	171	0.11	0.04	54.85	48.62	16.77	8.9	0.23	0.08
Mangoes (Karthakolomban)	79	0.8	0.92	259	0.01	0.1	35.52	17.74	3.12	6.72	0.1	0.08
Mangoes (Vilad)	44	0.76	0.58	146	0.05	0.26	67.6	29.97	16.93	14.79	0.65	0.19
Apple	62	0.29	0.64	0.36	0.02	0.08	3.43	2.9	3.12	6.72	0.1	0.08
Avacado	144	2.95	13.86	2	0.08	0.18	67.17	9.36	28.48	48.14	0.81	0.75
Wood apple	78	3.09	3.62	0.46	0.01	0.14	6.07	13.58	59.15	25.16	0.45	0.32
Orange	46	1.07	0.37	23.44	0.01	0.28	14.46	20.19	31.18	20.36	0.81	0.35
Guava	39	1.53	0.38	19.67	0.01	0.11	25.24	30.88	6.59	12.02	0.53	0.33
Grapes	49	0.95	10.69	3.22	0.04	0.1	7.07	20.51	7.27	6.86	0.28	0.07
Melon	19	0.65	0.16	130	0.02	0.11	6	8.24	4.05	9.76	0.15	0.1

Source: Sri Lanka Food Composition Tables, Ministry of Health - 2021.

Price Collecting Areas





HARTI



Ministry of Agriculture

Food Systems and Market Research Division & Data Management Division

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දෛනික චළච්චි තොග මිල, ජංගම දුරකථනයෙන්
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